Honey I'm Good EZ for the Club

牆數: 4

級數: Improver

編舞者: Mitzi Day (USA) - May 2015

音樂: Honey, I'm Good - Andy Grammer

Intro: 16 Counts

Notes: 2 Restarts: Dance 16 cts. of wall 2 then Restart.(3:00) Dance 16 cts. of wall 6 then Restart(12:00)

[1-8] Right heel touch lift up. Right heel touch lift up. Right coaster step. Left heel touch lift up. Left heel touch lift up. Left coaster step.

- 1&2& Keeping weight on left foot touch right heel forward. Raise right knee up taking right foot off floor. Touch right heel forward. Raise right knee up taking right foot off floor.
- 3&4 Step right foot back. Step left foot beside it. Step right foot forward.
- 5&6& Keeping weight on right foot touch left heel forward. Raise left knee up taking left foot off floor. Touch left heel forward. Raise left knee up taking left foot off floor.
- 7&8 Step left back. Step right beside left. Step left forward.

[9-16] Chasse right.(12:00)Turn 1/2 turn left.(6:00)Chasse left. Turn 1/2left(12:00). Right side rock(12:00).Recover on left. Step right down. Both heels twist to right.

- 1&2 Step right foot to right side. Step left beside it. Step right to right side.(12:00)
- 3&4 Turn 1/2 left to back wall and step left to left side. Step right beside left. Step left to left side.
- 5-6 Turn 1/2 left to front wall and rock right foot to right side .Recover on left.
- 7&8 Step right foot beside left and twist both heels to right and back to center.

[17-24] Walk forward right then left. Right forward coaster .Walk back left then right .Left back coaster.

- 1-2 Walk forward right. Walk forward left.
- 3&4 Step right forward. Step left beside right. Step right back.
- 5-6 Walk back left. Walk back right.
- 7&8 Step back left. Step right next to left. Step forward left.

[25-32] Step forward right pivot left 1/2 taking weight on left(6:00).Shuffle r-l-r. Step forward left. Pivot 3/4 right(3:00).Step on left. Step left and twist both heels to right then center.

- 1-2 Step right foot forward taking weight on right foot. (12:00)Pivot 1/2 turn left taking weight on left foot(6:00).
- 3&4 Step forward right foot, left beside right foot, then right foot forward(6:00)
- 5-6 Step forward left foot taking weight on left foot.(6:00).Pivot 3/4 turn right(3:00) taking weight on right.
- 7&8Step down on left and twist both heels right then center.(3:00)

The dance is fun. Typing step sheet not so much. haha George really works hard at Copperknob!

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拍數: 32