Bring Down The House

拍數: 64

級數: Intermediate

編舞者: Hayley Goy (UK) & Lesley Kidd (UK) - May 2015

音樂: Bring Down the House - Dean Brody

Intro: 16 counts - 3 restarts walls 2, 5 & 6 - - 4-count Tag wall 4

Section 1: WALK WALK, OUT OUT, IN, HEEL & HEEL &, ROCK RECOVER

- Walk forward R, Walk forward L, Jump apart R, L, Step forward R 1-2 3&4
- 5&6&7-8 2x heel switches L & R, step R next to L, rock forward L, recover onto R

Section 2: 4x BACKWARD SWEEPS, R, L, R, L, COASTER STEP, KICK BALL CHANGE.

- 1-2-3-4 Spring back on L, Sweeping R from front to back, Spring back on R sweeping L from front to back, repeat
- 5&6-7&8 Step back L, Step R beside L, step L forward, kick R, Step on ball of R foot, step L beside R

Section 3: SIDE, BEHIND & CROSS & CROSS & CROSS, STEP 14, 1/2 HITCH TURN

- Step R to R side, Cross L behind R, Step R to R side, Cross L in front of R, Step R to R side, 1-2&3&4 Cross L behind R
- &5-6-7&8 Step R To R side, Cross L in front of R, Step R forward making a ¼ turn R, Hitch L knee making a ¹/₂ turn R step L next to R

Section 4: 3X DOROTHY STEPS. VAUDEVILLE STEP

- Step R diagonally, lock L behind R, Step R, Step L diagonally lock R behind L Step L 1-2&-3-4&
- Step R diagonally, Lock L behind R, Step R, Cross L over R, step R to side, Dig L heel out to 5-6&7&8 L

Section 5: CROSS ROCK, ¼ SHUFFLE, FULL TURN, KICK BALL CHANGE

- Step down on L, Cross rock R over L, Recover onto L, Step ¼ turn R, step L next to R, step &1-2-3&4 forward R
- 5-6-7&8 Full turn L, R, Kick L forward, & step on the ball of the same foot centred under the body, step on R beside L

Section 6: REVERSE TURN, COASTER STEP, ¼ TURN CROSS, CROSS SHUFFLE

- Step forward L, Step back on R making a 1/2 turn to the left, step L back, step R beside L, 1-2-3&4 step forward R
- 5-6&7&8 Step R to side R making a ¼ turn to the L, Cross L over R, step R to side, step L across R, step R to side, step L across R

Section 7: ¼ MONTEREY TURN, SWING HIPS TO L THEN R

- Point R out to R side, making ¼ Turn L, step R next to L, Point L to L side, step L down with 1-2-3-4 feet slightly apart
- Swing Hips to L side, Swing Hips to R side dipping knees slightly as you swing. 5-6-7-8

Section 8: CIRCLE HIPS TWICE, 2X SAMBA STEP

- 1-2-3-4 Circle hips round x2 over 2 counts each, ending with weight on L
- 5&6-7&8 Cross R over L, Rock out L to L side, recover, Cross L over R, Rock out R to R side, recover

Tag, danced at end of wall 4

1-2-3-4 Point R foot over L, Point R foot to the R side, Point R foot over R, Flick R foot up behind you.

*1st Restart comes at the end of section 5 on wall 2 and has a slight step change.

Instead of kick ball change, kick L, step weight down on L and touch R beside L, leaving R foot free to





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Restart.

The other 2 Restarts come in section 8 on walls 5 & 6. Miss the 2 samba steps and Restart. The timing will feel strange on 3rd Restart but just dance it through.

The dance should end facing front on the L hip swing in section 7.

END OF DANCE. - ENJOY

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