Work Together



拍數: 48 牆數: 4 級數: Improver

編舞者: Chris Jackson (UK) - May 2015

音樂: Let's Work Together - Canned Heat: (2005 Digital Remaster - Amazon)



#16-count intro - start on vocals.

[1-8] FORWARD ROCK, FULL SHUFFLE TURN RIGHT, FORWARD ROCK, SHUFFLE THREE-QUARTER TURN LEFT

1,2,3&4 Rock forward on right, recover on left, shuffle a full turn to your right R/L/R (option: right

coaster step)

5,6,7&8 Rock forward on left, recover on right, shuffle a three-quarter turn to your left $\Box \Box L/R/L$ (3.0)

[9-16] SIDE, BEHIND, BACK, HEEL, SIDE, HEEL, SIDE, HEEL, BACK, CROSS, QUARTER, QUARTER

1,2&3&4 Right to right side, left behind right, step back on right, touch left heel forward, left to left side,

touch right heel forward

&5&6,7,8 Right to right side, touch left heel forward, step back on left, cross right over left, make a

quarter turn right stepping back on left, make another quarter turn right stepping right to right

side (9.0)

[17-24] CROSS, BACK, SIDE, CROSS, SWAY, HIP-BUMPS RIGHT, HIP-BUMPS LEFT

1,2&3,4 Cross left over right, step back on right, left to left side, cross right over left, left to left side

and sway your hips to the left

5&6,7&8 Bump your hips right/left/right, bump your hips left/right/left

[25-32] CROSS, TURN, SIDE, CROSS, SWAY, HIP-BUMPS LEFT, HIP-BUMPS RIGHT

1,2&3,4 Cross right over left, make a quarter turn right stepping back on left, right to right side, cross

left over right, right to right side and sway your hips to the right

5&6,7&8 Bump your hips left/right/left, bump your hips right/left/right (12.0)

[33-40] CROSS, SIDE, BEHIND, QUARTER, PIVOT A HALF, QUARTER, SIDE, BEHIND

1,2,3,4 Cross left over right, right to right side, left behind right, make a quarter turn right stepping

forward on right

5,6,7,8 Step forward on left, pivot a half turn to our right, make quarter turn right stepping left to left

side, right behind left (12.0)

[41-48] QUARTER, STEP, HALF, HALF, ROCK, RECOVER, COASTER STEP

1,2,3,4 Make a quarter turn left stepping forward on left, step forward on right, make a half turn right

stepping back on left, make a half turn right stepping forward on right (option: walk forward

left, right) (9.0)

5,6,7&8 Rock forward on left, recover on right, step back on left, right next to left, step forward on left

START AGAIN!