

Rolling Down Under

COPPERKNOB
STEPPERS

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Ria Vos (NL) & Simon Ward (AUS) - May 2015
音樂: A Change Is Gonna Come - Wayne Brady : (Album: A Long Time Coming)



Intro: Start on the word 'Born' (I was Born by the River) (± 17 sec.)

S1: Sway R-L, ¼ Turn R, Full Turn R, ½ Turn R with Sweep, Behind-Side, Cross Rock, Recover, Weave R with ½ Spiral Turn L Hitch

1-2-3 Step and Sway R to R Side, Sway L, ¼ Turn R Step Fwd on R (Start ½ Turn R)
4a ½ Turn R Step Back on L, ½ Turn R Step Fwd on R
5 ½ Turn R Step Back on L Sweeping R Around from Front to Back
6a Step R Behind L, Step L to L Side
7-8 Cross Rock R Over L, Recover on L
&a1 Step R to R Side, Cross L Over R, Step R to R Side and Spiral ½ Turn L Hitching L

S2: Sway L-R, Cross, ¼ Turn L, ½ Turn L with Sweep, Cross Rock with Hitch, Back with Sweep, Sailor Step, Back with Sweep

2-3 Step and Sway L to L Side, Sway R
4a Cross L Over R, ¼ Turn L Step Back on R
5 ½ Turn L Step Fwd on L Sweeping R Around from Back to Front
6a Cross Rock R Over L, Hitch/Hook L Up Behind R Knee
7 Step Back on L Sweeping R Around from Front to Back
8&a Step R Behind L, Step L to L Side, Step R to R Side
1 Step Back on L Sweeping R Around from Front to Back

S3: Behind with Point, 1/8 Turn R Step Fwd with Kick, Back, ½ Turn L, Step Fwd, 1/2 Turn L with Sway Fwd-Back, Boogie Run Fwd L-R-L, Step with Hitch

2 Step R Behind L and almost at the same time Point L to L Side
3 Turn 1/8 R Step Fwd on L and almost at the same time Low Kick R foot Fwd (7:30)
4a5 Step Back on R, ½ Turn L Step Fwd, Step Fwd on R (1:30)
6-7 ½ Turn L Sway Fwd, Sway Back (7:30)
8&a Boogie Run with Small Steps Fwd L-R-L -Rolling Shoulders R-L-R
1 Step Fwd on R Rising Up on Toe -Hitching L Knee Up

S4: Point L with 'Look', 3/8 Turn R, Step Fwd, ½ Turn L, ¼ Turn L, Cross, ¼ R, Step/Rock Back, Full Turn L

2 Point L to L Side -Turn Body & Head and 'Look' Sharply to L Side
3 Turn on R foot 3/8 Turn R Straightening Up to Face 12:00
4a5 Step Fwd on L, ½ Turn L Step Back on R, ¼ Turn L Step L to L Side
6a7 Cross R Over L, ¼ Turn R Step Back on L, Step/Rock Back on R
8&a Step Fwd on L, ½ Turn L Step Back on R, ½ Turn L Step Fwd on L (6:00)

Last Update - 14th May 2015