

# Sugar, Yes Please

COPPER KNOB  
STEP SHEETS

拍數: 64      牆數: 2      級數: Easy Intermediate  
編舞者: Sharon Oldfield - May 2015  
音樂: Sugar - Maroon 5 : (Album: V)



Intro: 16 counts - Weight on L

## S1: ROCK, RECOVER, BALL ROCK, RECOVER, TRIPLE BACK, ROCK, RECOVER

1-2 & 3-4      Rock R forward, Recover L, Ball step R next to L, Rock forward L, Recover R  
5 & 6      Triple back L, R, L  
7-8      Rock back R, Recover L

## S2: WALK, WALK, HEEL, HEEL, WALK, WALK, STEP PIVOT ½

1 - 2      Walk R, Walk L  
3 & 4 &      Tap R heel forward, Step R next to L□, Tap L heel forward, Step L next to R  
5 - 6      Walk R, Walk L  
7 - 8      Step R forward, Turn L ½ (weight goes forward on L)

## S3: TURN 1/2, TURN 1/2, TRIPLE STEP, ROCK, RECOVER, COASTER STEP

1 - 2      Turn L ½ stepping back on the R, Turn L ½ Stepping forward on L  
3 & 4      Triple step forward R, L, R  
5 - 6      Rock forward L, Recover R  
7 & 8      Step back on L, Step back R next to L , Step L forward

## S4: STEP LOCK, TRIPLE LOCK, STEP LOCK, TRIPLE LOCK

1 - 2      Step R forward, Lock L behind R,  
3 & 4      Step forward R, L, R  
5 - 6      Step forward L, Lock R behind L  
7 & 8      Step forward L, R, L

## S5: ROCK, RECOVER, COASTER STEP, TURN ¼ , CROSSING TRIPLE

1 - 2      Rock forward R, Recover L  
3 & 4      Step back R, Step back L next to R, Step R forward  
5 - 6      Step L forward, Pivot ¼ to the R  
7 & 8      Crossing L over R , step R to the R, Step L across R

## S6: TURN 1/4, TURN 1/4, CROSSING TRIPLE, SIDE ROCK, RECOVER, BEHIND, SIDE, CROSS

1 - 2      Step back on R, turning ¼ to Left, Step L to L side turning ¼,  
3 & 4      Cross R over left, , Step L to the L, Step R across L  
5 - 6      Rock out to L side , Recover R  
7 & 8      Step L behind R , Step R to side, Cross L over R

## S7: POINT, STEP, POINT, STEP, POINT, STEP BACK, POINT STEP

1 - 2      Point R to R side, step across L  
3 - 4      Point L to left side , Step across R  
5 - 6      Point R to R side, Step R back  
7 - 8      Point L to side , Step L forward

## S8: PIVOT ¼, PIVOT ½, JAZZ BOX

1 - 2      Step R forward, Turn left 1/4  
3 - 4      Step R forward, Turn left 1/2  
5 - 6      Step R across L, Step back L

7 - 8            Step R to R side, Step L forward

**START OVER**

**RESTART: On Wall 5 , Section 6: Change Counts 7 & 8, to Behind, turn  $\frac{1}{4}$  R , Step Forward L, then RESTART.**

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