

West Party (牛仔狂歡) (zh)

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Adriano Castagnoli (IT) - 2010年06月
音樂: Let's Talk About Love - Jessie Farrell



前奏: Start dancing on lyrics 唱歌起跳

第一段 Scoot (Twice), Cross Right And Back (Twice), Turn ¼ Left And Rock Back Right 單腳跳(兩次), 右交叉後跳(兩次), 左1/4後下沉 回復

- 1-2 Jumping left forward and leg right up (twice)
左足單腳跳右腿上抬(兩次)
- 3-4 Jumping cross right over left, jumping left back
右足於左足前交叉跳, 左足後跳
- 5-6 Jumping cross right over left, jumping left back
右足於左足前交叉跳, 左足後跳
- 7-8 Turning ¼ left and rock back right, return left
左轉90度右足後下沉, 左足回復

第二段 Toes Struts With Full Turn Left, Rock Forward Right And Back 趾踵轉, 趾踵轉, 下沉 回復, 後下沉 回復

- 1-2 Step right forward toe, turning ½ left drop heel taking weight
右足趾前點, 左轉180度右足踵踏
- 3-4 Step left back toe, turning ½ left drop heel left
左足趾後點, 左轉180度左足踵踏
- 5-6 Rock right forward heel, return left
右足前下沉, 左足回復
- 7-8 Rock right back, return left
右足後下沉, 左足回復

第三段 Jumping Cross Right And Left Turning ¾ To Left, Stomp Right (Twice) 左3/4交叉跳 回復, 踢, 交叉, 踢, 左3/4, 重踏二次

- 1-2 Starting turn ¾ left jumping cross right over left, return left to place 左轉270度右足於左足前交叉跳, 左足回復
- 3-4 Step right to place and kick left forward, cross left over right
右足踏左足前踢, 左足於右足前交叉踏
- 5-6 Return right to place and kick left forward, finish turn ¾ left step left to place
右足踏左足前踢, 左轉270度左足踏
- 7-8 Stomp right, stomp right forward with toe a little to right
右足重踏, 右足重踏(右足趾略前點)

第四段 Swivel Right, Hold, Swivel Heel-Toe Right, Stomp Up Right 右足右旋轉, 候, 右足左轉回, 重踏二次

- 1-2 Right heel to right, right toe to right
右足踵轉向右, 右足趾轉向右
- 3-4 Right heel to right, hold
右足踵轉向右, 候
- 5-6 Right heel to left, right toe to left
右足踵轉向左, 右足趾轉向左
- 7-8 Stomp right a little forward(no weight) (twice)
右足略前重踏二次

第五段 Lock Forward Right, Hold, Pivot ½ Right, Step Left Forward, Jump Back
前鎖步 候, 踏 轉 踏 後跳

- 1-2 Step right forward, lock left behind right
右足前踏, 左足於右足後鎖踏
- 3-4 Step right forward, hold
右足前踏, 候
- 5-6 Step left forward, pivot turn ½ right
左足前踏, 右軸轉180度
- 7-8 Step left forward (weight on it), jump right back
左足前踏, 右足後跳

第六段 Grapevine Left, Scuff, Scoot (Twice), Stomp, Hold
左藤步帶擦踢併踏, 單腳跳二次, 重踏, 候

- 1-2 Step left heel to left, cross right behind left
左足踵左踏, 右足於左足後交叉踏
- 3-4 Step left to side, scuff right beside left
左足左踏, 右足擦踢併踏
- 5-6 Jump left forward (twice) while hitching other knee make with right (hook, kick, flick back up)
左足前跳二次(右膝勾, 踢, 後抬)
- 7-8 Stomp right forward, hold
右足前重踏, 候

第七段 Point Left Forward And Back, Hold, Rock Back Right, Stomp, Hold
前點, 候, 後點, 候, 下沉 回復 重踏 候

- 1-2 Point left toe forward, hold
左足趾前點, 候
- 3-4 With circular movement point left toe back, hold
左足趾繞向後, 候
- 5-6 Taking weight on left rock back right, return left
(重心放左足)右足後下沉, 左足回復
- 7-8 Stomp right forward, hold 右足前重踏, 候

第八段 Kick, Stomp, Kick, Stomp, Jump Left Back, Brush Back Right, Slap, Scuff
踢, 重踏, 踢, 重踏, 後踏, 刷, 拍踵, 擦踢

- 1-2 Kick left forward, stomp left 左足前踢, 左足重踏
- 3-4 Kick left to side, stomp left 左足左踢, 左足重踏
- 5-6 Jump left back and kick right forward, brush ball of right back beside left 左足後跳右足前踢, 右足刷併踏
- 7-8 Slap left right back heel, scuff right beside left
左手拍右後踵, 右足擦併踏

RESTART: When dancing to “Let’s Talk About Love” by Jessie Farrell, restart after 32 counts of the 3rd wall
“Let’s Talk About Love”的減拍：第三面牆跳至第四段後, 從頭起跳

TAG: When dancing to “Let’s Talk About Love” by Jessie Farrell, after 32 count of the 6th wall
“Let’s Talk About Love”的加拍：第六面牆跳至第四段加12拍後, 從頭起跳

- 1-4 Stomp left forward, hold, hold, hold
左足前重踏, 候, 候, 候
- 5-8 Kick right forward, hold, cross right over left, turn ½ left to place
右足前踢, 候, 右足於左足前交叉踏, 左轉180度左足踏
- 1-4 Stomp right together, hold, hold, hold
右足併重踏, 候, 候, 候

TAG: When dancing to “Big Shot” by Jason Meadows, after 2nd repetition
“Big Shot”的加拍：第二面牆結束時

- 1-2 Kick right forward, hook right over left
右足前踢, 右足於左足前勾

3-4 Kick right forward, stomp right 右足前踢, 右足重踏

5-6 Kick left forward, hook left over right
左足前踢, 左足於右足前勾

7-8 Kick left forward, stomp left 左足前踢, 左足重踏

RESTART: When dancing to "Big Shot" by Jason Meadows, restart After 44 count of the 5th wall "Big Shot"的減拍：
在第五面牆跳到第六段的第4拍後，從頭起跳
