

Perfect Day

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver
編舞者: Sheila Allen (UK) - May 2015
音樂: Perfect Day - Lady A



#16 Count intro after heavy beat

Sec 1: Side Close Side ½ Turn, Side Close Side ½ Turn, Side Close Side ½ Turn, Coaster Step

1 & 2 Step right to right, close left to right, step right to right, ½ turn right
3 & 4 Step left to left, close right to left, step left to left, ½ turn left
5 & 6 Step right to right, close left to right, step right to right, ½ turn right
7 & 8 Step back on left, bring right next to left, step forward left

Sec 2: Step Forward Right ½ Turn Left, Right shuffle forward, Heel Switches Left & Right, & Step Forward Left ¼ Turn Right Touch.

1-2 Step forward right ½ turn left
3&4 Right shuffle forward
5&6 Heel switches left & right
&7-8 Bring right back to place, step forward on left ¼ turn right touch.

Restart here walls 2 & 5

Sec 3: Right Sailor Step, Left Sailor Step, Touch Behind Unwind Full Turn, Left Shuffle Forward.

1&2 Cross right behind left, step left to left, step right to right
3&4 Cross left behind right, step right to right, step left to left
5-6 Right toe behind left full turn right (keep weight on right foot)
7&8 Left shuffle forward.

Sec 4: Cross Side Behind Side Heel & Cross Step Back, Back Touch.

1-2 Cross right over left step left to left
3&4 Right behind left, left to left right heel forward
&5-6 Bring right back to place cross left over right step right slightly back
7-8 Step back left and touch right next to left

* TWO RESTARTS during wall 2 and 5 both at the end of section 2 after 16 counts

Submitted by: Caroline Cooper - coolcoopers@yahoo.com