

Baby Blue (Reviewed)

拍數: 64 牆數: 2 級數: Intermediate
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音樂: Baby Blue - Mark Medlock : (iTunes)



#56 Count Intro

Section 1: Rock Step, Step Lock Step, Back Rock, Left Shuffle Forward.

1 – 2 Rock forward on right, Return weight to left.
3 & 4 Step right back, Lock left over right, Step right back.
5 – 6 Rock left back, Return weight to right.
7 & 8 Step left forward, Step right together, Step left forward.

Section 2: Right Hip Bumps, Left Hip Bumps, Step 1/2 Turn, Full Turn Left.

1 & 2 Step right diagonally forward bump hips RLR.
3 & 4 Step left diagonally forward bump hips LRL.
5 – 6 Step right forward, Pivot 1/2 turn left. (Weight on left)
7 – 8 1/2 Turn left stepping back on right, 1/2 Turn left stepping forward on left.

Section 3: Step 1/2 Turn, Right Coaster Cross, Side Together, Side shuffle.

1 – 2 Step forward on right, Pivot 1/2 turn right stepping left back.
3 & 4 Step right back, Step left together, Cross right over left.
5 – 6 Step left to side, Step left together.
7 & 8 Step left to side, Step right together, Step left side.

Section 4: Cross Rock, Side chasse 1/4 Turn Right, Walk RL, Sailor 1/4 Turn Left.

1 – 2 Cross rock right over left, Recover to left.
3 & 4 Step right to side, Step left together, Step right 1/4 turn right.
5 – 6 Walk forward left, Walk forward right.
7 & 8 Step left behind right, Step right back 1/4 turn left, Step left forward.

RESTART HERE WALL 7

Section 5: Moving Forward R&L Sambas, Full Turn Left, Step 1/2 Turn Left.

1 & 2 Cross step right over left, Rock left to side, Return weight to right.
3 & 4 Cross step left over right, Rock right to side, Return weight to left.
5 – 6 Walk forward right Walk forward left. (optional Full turn Left RL)
7 – 8 Step right forward, Pivot 1/2 turn left. (Weight on left)

RESTARTS HERE WALLS 2 & 5

Section 6: Cross rock, Side Shuffle, Cross Rock Side Shuffle.

1 – 2 Cross rock right over left, Return weight to left.
3 & 4 Step right to side, Step left together, Step right to side.
5 – 6 Cross rock left over right, Return weight to right.
7 & 8 Step left to side, Step right together, Step left to side.

Section 7: Step lock, Step Lock Step, Rock Step, Triple Full Turn Left.

1 – 2 Step right forward, Lock left behind right
3 & 4 Step right forward, lock left behind right, Step right forward.
5 – 6 Rock left forward, Return weight to right.
7 & 8 Full triple turn left on LRL

Section 8: Rock Step, Coaster Step, Rock Step, Coaster Step.

1 – 2 Rock right forward, Return weight to left.
3 & 4 Step right back, Step left together, Step right forward.

5 – 6 Rock left forward, Return weight to right.
7 & 8 Step left back, Step right together, Step left forward.

TAGS AND RESTARTS

There are 3 easy Restarts Walls 2-5-7 Walls 2 & 5 after 40 counts - Wall 7 after 32 counts

Two Tags at the ends of walls 3 & 6

FOUR COUNT ROCKING CHAIR

1-4 Rock forward, back, Rock back, forward
