

# Bow-Legged Boogaloo

COPPERKNOB  
STEPPERS

拍數: 48      牆數: 2      級數: Intermediate  
編舞者: Lance Pritchard (AUS) - May 2015  
音樂: Anyway the Wind Blows - Brother Phelps



Start: counted in by band □ □

## S1: R CROSS TAP, L HOP, R SIDE, R HOP – L CROSS TAP, R HOP, L STEP, CLAP

1-2      Tap R toes across L foot, Hop on L foot  
3-4      Step R foot to R side, Hop on R foot  
5-6      Tap L toes across R foot, Hop on R foot  
7&8      Step L foot down beside R foot, clap twice

## S2: JUMP APART-TOGETHER, L HEEL, R HEEL, JUMP APART-TOGETHER

1-2      Jump (L to L, R to R), Jump feet back together  
3-4      Touch L heel forward 45°, Step L foot next to R foot (weight on L)  
5-6      Touch R heel forward 45°, Step R foot next to L foot (weight on R)  
7-8      Jump (L to L, R to R), Jump feet back together

## S3: SHUFFLE RLR, LRL, WHILE TURNING FULL TURN L

1&2      Shuffle forward R,L,R while turning ½ turn L  
3&4      Shuffle L,R,L while turning ½ turn L

## S4: TURN ¼ L, SCOOT R ON L, SCOOT R ON L, STOMP R, STOMP L

1-2      Turn ¼ turn L, while scooting R on the L foot □ twice  
3-4      Stomp R foot, Stomp L foot

## S5: R KNEE ROLL, L KNEE ROLL, SQUIGGLES(SWIVELS)

1-4      Roll R knee out to R, Roll L knee out to L  
5-6      R Squiggle (weight on L ball & R heel, swivel to R & back to centre)  
7-8      L Squiggle (weight on R ball & L heel, swivel to L & back to centre)

## S6: ROCK R FORWARD GRIND, R BACK, STEP ¼ L ON L (twice)

1-2      Rock forward on R heel & grind heel, move weight back onto L ball  
3-4      Rock back on R ball, ¼ turn L stepping L foot forward  
5-8      Repeat 1-4

## S7: R FORWARD, POINT L, L FORWARD, POINT R

1-4      Step R forward, hold, Point/touch L toes out to L, hold  
5-8      Step L forward, hold, Point/touch R toes out to R, hold

START AGAIN – in new direction

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