On To Something Good



拍數: 32 牆數: 4 級數: Improver

編舞者: Karen Kennedy (SCO) - May 2015

音樂: On To Something Good - Ashley Monroe: (Album: On To Something Good or

Single)



Intro:- 16 counts starting as the vocals

CROSS OVER	STEP BACK F	RIGHT CHASSE	CROSS ROCK LEET	CHASSE WITH 1/4 LEFT
CRUSS OVER.	OIEF DAGN. I	NIGHT CHASSE.	UNUUU NUUN. LEF	CHASSE WITH /4 LEFT

1 -2	Cross right over left, step back on left (2 steps of jazz box)
3&4	Step right to right side, close left beside right, step right to right side
5 -6	Cross rock left over right, recover back on right

1/4 PIVOT TURN . RECOVER RIGHT CROSS SHUFFLE. SIDE ROCK. RECOVER. BEHIND. 1/4 TURN. STEP

Step left to left side, close right beside left, turn ¼ left stepping forward on left

FWD		
1 -2	Step forward on right, pivot ¼ left transferring weight to left (6.00)	
3&4	Cross right over left, close left beside, cross right over left	

5 -6 Side rock left to left side, recover on right

7&8 Cross left behind right, ¼ turn right stepping forward on right, step forward on left (9.00)

ROCK FWD, RECOVER, RIGHT COASTER STEP, ROCK FWD, RECOVER, ½ TURNING SHUFFLE

1 -2	Rock forward on right, recover on left
3&4	Step back on right, step back on left, step right forward
5 -6	Rock forward on left, recover on right
7&8	Turning over left shoulder half turning shuffle – stepping left, right, left (3.00) * Restart here during wall 4

FULL TURN FORWARD , RIGHT MAMBO FORWARD, REVERSE FULL TURN (Travelling Back) , LEFT COASTER STEP

1 -2 ½ turn left stepping back on right, ½ turn left stepping forward on left

* Easier Option (Walk right forward , walk left forward)

3&4 Rock forward on right, recover back on left, step right back in place

5-6 ½ turn over left shoulder stepping forward on left, ½ turn over left stepping forward on right

* Easier Option (Walk back left, walk back right)

7&8 Step back on left, step back on right, step left forward

START AGAIN

7&8

Choreographer note:- For people who do not like too many turns you can just walk forward and walk back when it comes to section 4 but the option is there to turn for dancers who are happy with turning. Just do what you are happy with and enjoy the dance to this lovely song by Ashley Monroe. There is only one Restart which comes in during wall 4 facing the front wall after counts 7&8 start dance again.

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