Going Out Rumba



拍數: 32 牆數: 4 級數: Beginner

編舞者: Ilona Tessmer-Willis (USA) - May 2015 音樂: Going Out Like That - Reba McEntire



Intro: 32 counts

S1: BASIC FORWARD RUMBA BOX

1-4 Step R to Side, Step L Next to R, Step R Forward, Hold

5-8 Step L to Side, Step R Next to L, Step L Back, Hold, (weight on L)

S2: 1/2 BASIC BACKWARD RUMBA BOX, 2 L FORWARD ROCKS

1-4 Step R to Side, Step L Next to R, Step R Back, Hold (weight on right)

5-6 L Rocks Forward, Recover Weight on R7-8 L Rocks Forward, Hold (weight on L)

S3: 1/4 TURN TO R (NEW WALL) RUMBA WALKS: R, L, R, HOLD, L, R, L, HOLD

1&2 Turn 1/4 R: Walk R & L

3-4 Walk R, Hold5-6 Walk L, Walk R7-8 Walk L, Hold

S4: RUMBA SIDE ROCKS R & L

1-2 R Rocks to Side, Recover Weight on L

3-4 R Closes Next to L, Hold

5-6 L Rocks to Side, Recover Weight on R

7-8 L Closes Next to R, Hold

Rumba is danced: quick, quick, slow or 1,2,3, hold 4

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