

# Love Me Hate Me ....

**COPPER** **KNOB**  
BY STEPSHEETS

拍數: 48                      牆數: 4                      級數: Improver  
編舞者: Neville Fitzgerald (UK) & Julie Harris (UK) - April 2015  
音樂: Better At My Worst - The McClymonts : (Album: Here's to You & I - iTunes)



**Starts ... 8 Counts vocals**

**Sequence... 48, 48, 48, 40, 32, 32, 40, 40 to finish.**

## **S1: Side Together Forward, Side Together Back, Back, Back, Coaster Step.**

1&2                      Step Left to Left side, step Right next to Left, step forward on Left.  
3&4                      Step Right to Right side, step Left next to Right, step back on Right.  
5-6                      Step back on Left as you sweep Right out, step back on Right as you sweep Left out.  
7&8                      Step back on Left, step Right next to Left, step forward on Left.

## **S2: Out In Out, Behind & Cross, Out in Out, Behind 1/4 Side.**

1&2                      Touch Right toe to Right side, touch Right toe next to Left, touch Right toe to Right side.  
3&4                      Cross step Right behind Left, step Left to Left side, cross step Right over Left.  
5&6                      Touch Left toe to Left side, touch Left toe next to Right, touch Left toe to Left side.  
7&8                      Cross step Left behind Right, make 1/4 turn to Right stepping forward on Right, step Left to Left side. (3.00)

## **S3: Cross Rock Side Rock Cross Rock Side, Cross Rock Side Rock Cross Rock Side.**

1&2&                      Cross rock Right over Left, recover on Left, rock Right to Right side, recover on Left.  
3&4                      Cross rock Right over Left, recover on Left, step Right to Right side.  
5&6&                      Cross rock Left over Right, recover on Right, rock Left to Left side, recover on Right.  
7&8                      Cross rock Left over Right, recover on Right, step Left to Left side.

## **S4: Back Rock Side, Behind 1/4 Step, Mambo Step, Back Touch Step.**

1&2                      Cross rock Right behind Left, recover on Right, step Right to Right side.  
3&4                      Cross step Left behind Right, make 1/4 turn to Right stepping forward on Right, step forward on Left.  
5&6                      Rock forward on Right , recover on Left, step back on Right.  
7&8                      Step back on Left, touch Right toe in front of Left, step forward on Right. \*\*R\*\* (6.00)

## **S5: Toe Heel Stomp, Toe Heel Stomp, 3/4 Walk Around .**

1&2                      Touch Left toe slightly in front of Right, touch Left heel slightly in front of Right, stomp forward on Left.  
3&4                      Touch Right toe slightly in front of Left, touch Right heel slightly in front of Left, stomp forward on Right  
5-8                      Make 3/4 Circle to Left walking L-R-L-R . \*R\*□ (9.00)

## **S6: Toe Heel Stomp, Toe Heel Stomp, Mambo Step, Coaster Cross.**

1&2                      Touch Left toe slightly in front of Right, touch Left heel slightly in front of Right, stomp forward on Left  
3&4                      Touch Right toe slightly in front of Left, touch Right heel slightly in front of Left, stomp forward on Right  
5&6                      Rock forward on Left, recover on Right, step back on Left.  
7&8                      Step back on Right, step Left next to Right, cross step Right over Left.□ (9.00)

**Restarts:-**

**Walls 4&7 Dance up to and including count 40 section 5. Then restart from beginning.**

**Walls 5&6 Dance up to and including count 32 section 4. Then restart from beginning.**

**On the Last wall 8 you will finish with the 3/4 walk around extend the walk to walk back around to the front of**

the hall.

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