

Dust Off Your Boots

拍數: 64 牆數: 4 級數: Easy Intermediate
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音樂: Cowboy up and Party Down - Darren Warren : (Album: Cowboy Up and Party Down)



Start: □Weight on left foot, 32 Count Intro after “Cowboy Up and Party Down ...”

S1: □Toe Strut, Toe Strut, Scuff, Toe, Heel, Heel □

1-4 Touch R toe forward, Step down on R heel, Touch L toe forward, Step down on L heel
5 6 Scuff R foot beside left, Touch R toe to right diagonal
7 8 Tap R heel down, Tap R heel down placing weight on right □ 12

S2: □Kick, Kick, Back, Rock, Kick, Kick, Back, Rock □

1-4 Kick L foot twice to right diagonal, Step L back on the right diagonal, Rock weight onto R □ 1.30
5-8 Kick L foot twice to right diagonal, Step L back on the right diagonal, Rock weight onto R

S3: □Cross, Side, Behind, ¼ Turn, Step, Pivot, Forward, Hold □

1-4 Cross L over right, Step R to right, Step L behind right, Turning 90deg right step R fwd □ 3
5-8 Step L fwd, Turning 180deg right step R fwd, Step L fwd, Hold *** □ 9

S4: □Kick, Kick, Touch, ¼ Unwind, Stomp, Hold, Twist, Twist □

1-4 Kick R fwd, Kick R to right, Touch R toe behind left foot, Unwind 90deg right (weight on left) □ 12
5-8 Stomp R to right, Hold, Twist heels right, Twist heels to the centre (weight on left)

S5: □Forward, Rock, Back, Hitch, Back, Back, Back, Hook □

1-4 Step R fwd, Rock back onto L, Step R, Hitch L knee up
5-8 Walk back L,R,L, Hook R foot across left knee □ 12

S6: □Step, Lock, Step, Scuff, Step, Lock, Step, Scuff □

1-4 Step fwd on R, Lock L behind right, Step fwd on R, Scuff L beside right
5-8 Step fwd on L, Lock R behind left, Step fwd on L, Scuff R beside left □ 12

S7: □Paddle Turn, Paddle Turn, Out, Out, Hold, Heels, Heels □

1-4 Step R fwd, Turning 90deg left step L to left, Step R fwd, Turning 90deg left step L to left □ 6
&5 6 Step R to right, Step L to left, Hold
&7&8 Lift both heels, drop heels to floor, Lift both heels, drop heels to floor (weight on left)

S8: □Forward, Rock, Back Shuffle, Back, ¼ Turn, Stomp, Hold □

1 2 3&4 Step fwd on R, Rock back onto L, Shuffle back RLR ###
5-8 Step back on L, Turning 90deg right step R to right, Stomp L to left, Hold □ 9

*** RESTART during Wall 3: Do the first 24 Counts and Restart the dance at the 3 o'clock wall.

FINISH at the end of Wall 7: After the back shuffle, do the following to stay at the 12 o'clock wall.

5,6,7,8 Step back on L, Step Back on R, Stomp L to left, Hold

Free to be copied provided no changes are made to the original choreography.

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