

Lifetime Love

COPPER KNOB
STEPSHETS

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Anne Herd (AUS) & Travis Taylor (AUS) - May 2015
音樂: Once In a Lifetime Love - Alan Jackson : (Album: Drive. - iTunes - 3:26)



INTRO: 16 COUNTS – ON LYRICS □

Side, Back/Replace, Side, Behind, 1/4 L Fwd, Rock Fwd/Replace, Back Lock Back/Sweep

- 1 Step R to R side dragging L towards R
- 2&3 Rock back on L, Replace weight on R, Step L to L side dragging R towards L
- 4&5 Step R behind L, 1/4 L Step fwd on L, Step R fwd (9:00)
- 6-7 Rock fwd on L, Replace weight on R
- 8&1 Step back on L, Lock/Cross R over L, Step back on L (sweeping R around)

Back/Sweep, Coaster Step & Pivot 1/2 R, Full Turn

- 2 Step back on R (Sweeping L around)
- 3&4& Step back on L, Step R together, Step L fwd, Step R together (or slightly fwd)
- 5-6 Step L fwd, 1/2 R Pivot weight on R (3:00)
- 7-8 1/2 R Step L back, 1/2 R Step R fwd (or Walk fwd L then R) (3:00)

1/4 R Side, Back/Replace, Side, Behind, Side, Cross Rock/Replace & Cross 1/2 L Unwind

- 1 1/4 R Step L to L side dragging R towards L (6:00)
- 2&3 Rock back on R, Replace weight on L, Step R to R side
- 4& Step L behind R, Step R to R side
- 5-6& Cross Rock L over R, Replace weight on R, Step L slightly to L side
- 7-8 Touch R foot across L, 1/2 L turning on the ball of R foot then putting weight on L (12:00)

Rock Fwd/Replace, 1 1/2 R Triple Step (or 1/2 R Shuffle Fwd), Rock Fwd/Replace & Rock Back/Replace

- 1-2 Rock forward on R, Replace weight on L
- 3&4 1/2 R Step R fwd, 1/2 R Step L back, 1/2 R Step R fwd (6:00)
- 5-6& Rock forward on L, Replace weight on R, Step/Switch L together
- 7-8 Rock back on R, Replace weight on L

[32] □□Begin Dance Again facing 6:00

Restart: □□During Wall 4, dance to count 28, step L together for an '&' count to Restart

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Last Update on site – 29th July 2015