

Egyptian Boogie

拍數: 136 牆數: 1 級數: Phrased Intermediate
編舞者: Cindy Burnett (USA) - May 2015
音樂: Walk Like an Egyptian - The Bangles



Sequence: A, B, B, A, A

Egyptian Pose – turn and face sideways one foot behind the other, slightly bend knees and back, leading arm out shoulder height, elbow bent, forearm up with palm bent facing downward, fingers point straight, trailing arm out at shoulder, elbow bent with forearm pointing downward, palm up with fingers pointing straight. Pull arms in with each step and release them with the next.

A: 64 counts

DOUBLE STEP R (EGYPTIAN POSE), STEP L, ARMS UP, HEAD R & L

- 1-4 (Egyptian pose) With toes facing R step R to side, bring L up behind R, step R to side b bring L up behind R
- 5-8 Step L (facing forward), raise arms (over head touching at fingertips), move head R, move head L

DOUBLE STEP L, (EGYPTIAN ARMS) STEP R, ARMS UP, HEAD R & L

- 9-12 (Egyptian pose) With toes facing L step L to side, bring R up behind L, step L to side, bring R up behind L
- 13-16 Step R (facing forward), raise arms (overhead touching at fingertips), move head L then R (keep face point forward)

SHUFFLE FWD, STEP & PIVOT ½, SHUFFLE FWD, STEP & PIVOT ½

- 17-20 Shuffle fwd RLR, step R fwd, pivot ½ L
- 21-24 Shuffle fwd LRL, step L fwd, pivot ½ R

SHUFFLE FWD, SHUFFLE TURN, CHARLESTON

- 25-28 Shuffle fwd RLR, turn ½ R shuffling LRL
- 29-32 Touch R back, step R fwd, touch L fwd, touch L back

SHUFFLE FWD, SHUFFLE TURN, CHARLESTON

- 33-36 Shuffle fwd LRL, turn ½ L shuffling RLR
- 37-40 Touch L back, step L fwd, touch R fwd, touch R back

WEAVE L, POINT, WEAVE R, POINT

- 41-44 Weave L cross/stepping R over L, step L to side, cross/step R behind L, touch L out to side
- 45-48 Weave R cross/stepping L over R, step R to side, cross/step L behind R, touch R out to side

CROSS/STEP, POINT, CROSS/STEP, POINT, TURN ¼, TURN ¼

- 49-52 Cross/step R toe over L, point L toe to side, cross/step, L toe over R, point R toe to side
- 53-56 Point R toe beside L turn ¼ L rotating hips out in wide L circle, keep R toe pointed beside L turn ¼ L rotating hips out in wide L circle

TURN ¼, TURN 1/4, HEELS R (EGYPTIAN POSE), HEELS L (EGYPTIAN POSE)

- 57-60 Point R toe beside L turn ¼ L rotating hips out in wide L circle, keep R toe pointed beside L turn ¼ L rotating hips out in wide L circle
- 61-64 Swing heels R - toes facing L (bring arms into Egyptian pose), bring heels back to center, swing heels L - toes facing R (bring arms into Egyptian pose), bring heels back to center

B: 72 counts

DOUBLE STEP R (EGYPTIAN ARMS), STEP L, ARMS UP, HEAD R & L

- 1-4 Egyptian pose) With toes facing R step R to side, bring L up behind R, step R to side b bring L up behind R
- 5-8 Step L (facing forward), raise arms (over head touching at fingertips), move head R, move head L

DOUBLE STEP L, (EGYPTIAN ARMS) STEP R, ARMS UP, HEAD R & L

- 9-12 (Egyptian pose) With toes facing L step L to side, bring R up behind L, step L to side, bring R up behind L
- 13-16 Step R (facing forward), raise arms (overhead touching at fingertips), move head L, move head R

SHUFFLE FWD, STEP & PIVOT ½, SHUFFLE FWD, STEP & PIVOT ½

- 17-20 Shuffle fwd RLR, step R fwd, pivot ½ L
- 21-24 Shuffle fwd LRL, step L fwd, pivot ½ R

SHUFFLE FWD, SHUFFLE TURN, CHARLESTON

- 25-28 Shuffle fwd RLR, turn ½ R shuffling LRL
- 29-32 Touch R back, step R fwd, touch L fwd, touch L back

SHUFFLE FWD, SHUFFLE TURN, CHARLESTON

- 33-36 Shuffle fwd LRL, turn ½ L shuffling RLR
- 37-40 Touch L back, step L fwd, touch R fwd, touch R back

WEAVE, TURN ½, SIDE ROCK

- 41-44 Weave L cross/stepping R over L, step L to side, cross/step R behind L, step L to side and turn ½ L
- 45-48 Step R to side, cross/step L behind R, rock R to side, recover L

WEAVE, TURN ½, SIDE ROCK

- 49-52 Weave R cross/stepping L over R, step R to side, cross/step L behind R, step R to side and turn ½ R
- 53-56 Step L to side, cross/step R behind L, rock L to side, recover R

CROSS/STEP, POINT, CROSS/STEP, POINT, TURN ¼, TURN ¼

- 57-60 Cross/step R toe over L, point L toe to side, cross/step, L toe over R, point R toe to side
- 61-64 Point R toe beside L turn ¼ L rotating hips out in wide L circle, keep R toe pointed beside L turn ¼ L rotating hips out in wide L circle

TURN ¼, TURN 1/4, HEELS R (EGYPTIAN POSE), HEELS L (EGYPTIAN POSE)

- 65-68 Point R toe beside L turn ¼ L rotating hips out in wide L circle, keep R toe pointed beside L turn ¼ L rotating hips out in wide L circle
- 69-72 Swing heels R - toes facing L (bring arms into Egyptian pose), bring heels back to center, swing heels L - toes facing R (bring arms into Egyptian pose), bring heels back to center
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