

Banjo

拍數: 72 牆數: 2 級數: Phrased Improver
編舞者: Cindy Burnett (USA) - May 2015
音樂: Banjo - Rascal Flatts



#16 Count Intro – Seq: A, A, A, B, A, A, A, C, A, A, A, A, A

A: 32 counts

A1: AROUND THE WORLD

- 1-4 Fan right toe to side, fan right toe back to center, fan right heel to side, fan right heel back to center
5-8 Fan left heel to side, fan left heel back to center, fan left toe to side, fan left toe back to center

A2: LEFT WEAVE, RIGHT CONGA

- 9-12 Cross/step right over left, step left to side, cross/step right over left, step left to side
13-16 Step right to side, turn ½ right stepping left to side, turn ½ right stepping right to side, touch left beside right

A3: SHUFFLE FORWARD, ROCK, RECOVER, STEP LEFT BACK, PENCIL TURN, LEFT KICK-BALL-CHANGE

- 17&18 Shuffle forward right, left right
19-20 Rock left forward, recover right
21-24 Step left back, turn ½ right on left foot and step right beside left
22&24 Kick left forward, replace left beside right, step right in place

A4: SHUFFLE LEFT, LOCK STEP DIAGONAL FWD RIGHT & LEFT, STOMP

- 25&26 Step left to side, step right beside left, step left to side
27&28 Step right diagonal forward, lock left behind right, step right diagonal forward
29-30 Step left diagonal forward, lock right behind left, step left diagonal forward
31-32 Stomp right beside left twice

B: 28 counts

B1: AROUND THE WORLD

- 1-4 Fan right toe to side, fan right toe back to center, fan right heel to side, fan right heel back to center
5-8 Fan left heel to side, fan left heel back to center, fan left toe to side, fan left toe back to center

B2: LEFT WEAVE, RIGHT CONGA

- 9-12 Cross/step right over left, step left to side, cross/step right over left, step left to side
13-16 Step right to side, turn ½ right stepping left to side, turn ½ right stepping right to side, touch left beside right

B3: SHUFFLE FORWARD, ROCK, RECOVER, STEP LEFT BACK, PENCIL TURN, LEFT KICK BALL CHANGE

- 17&18 Shuffle forward right, left right
19-20 Rock left forward, recover right
21-24 Step left back, turn ½ right on left foot and step right beside left
22&24 Kick left forward, replace left beside right, step right in place

B4: SHUFFLE LEFT, STOMP TWICE

- 25&26 Step left to side, step right beside left, step left to side
27-28 Stomp right beside left twice

C: 12 counts

C1: SHUFFLE FORWARD, ROCK, RECOVER, STEP LEFT BACK, PENCIL TURN, LEFT KICK BALL CHANGE

- 1&2 Shuffle forward right, left right
- 3-4 Rock left forward, recover right
- 5-6 Step left back, turn $\frac{1}{2}$ right on left foot and step right beside left
- 7&8 Kick left forward, replace left beside right, step right in place

C2: SHUFFLE LEFT, STOMP TWICE

- 9&10 Step left to side, step right beside left, step left to side
 - 11-12 Stomp right beside left twice
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