

Air That I Breathe

COPPER KNOB
BY SHEETS

拍數: 48 牆數: 2 級數: Intermediate
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音樂: The Air That I Breathe - Maroon 5



Intro: 3 counts (almost immediately!)

Section 1: □ L Cross, Diag R Fwd Shuffle, L Cross Rock Recover Side □

1-2&3 Cross LF over RF, Step ball of RF to R diag, Step ball of LF next to RF, Step RF to R diag □ 1:30
4-6 Cross Rock LF over RF, Recover on RF, Step LF to L (square back to 12:00) □ 12:00

Section 2: □ R Cross, Diag L Fwd Shuffle, R Cross Rock Recover Side

1-2&3 Cross RF over LF, Step ball of LF to L diag, Step ball of RF next to LF, Step LF to L diag □ 10:30
4-6 Cross Rock RF over LF, Recover on LF, Step RF to R (square back to 12:00) □ 12:00

Section 3: □ ½ L Twinkle, Twinkle

1-3 Cross LF over RF, ¼ L stepping back on RF, ¼ L stepping LF to L □ 6:00
4-6 Cross RF over LF, Step LF to L diag, Step RF to R diag □ 6:00

Section 4: □ Weave, Long step, drag and prep

1-3 Cross LF over RF, Step RF to R, Step LF behind RF □ 6:00
4-6 RF take a big step to R, Drag LF towards RF over 2 counts and prep upper body to R □ 6:00

Section 5: □ ¼ L fwd, ½ L back shuffle, ½ L fwd, ¼ L Sweep □

1-2&3 ¼ L Stepping LF fwd, ½ L stepping back on RF, Cross LF in front of RF, Step RF back □ 9:00
4-6 ½ L Step LF fwd, ¼ L Sweeping RF from back to front over 2 counts □ 12:00

Section 6: □ Cross, ¼ R back shuffle, ½ R fwd, ¼ R sweep

1-2&3 Cross RF over LF, ¼ R stepping LF back, Cross RF in front of LF, Step LF back □ 3:00
4-6 ½ R stepping RF fwd, ¼ R Sweeping LF from back to front over 2 counts □ 12:00

Section 7: □ Cross, Point, Hold, Back Twinkle with ¼ L

1-3 Cross LF over RF, Point RF to R, Hold □ 12:00
4-6 Step RF behind LF, Rock LF to L, ¼ L recover weight on RF □ 9:00

Section 8: □ L Coaster, Fwd, ½ R back, ¼ R Side

1-3 Step LF back, Step RF together, Step LF fwd □ 9:00
4-6 Step RF fwd, ½ R stepping back on LF, ¼ R stepping RF to R □ 6:00

Enjoy and flow with the beautiful music! No TAGS No RESTARTS!

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