You Rock My World

拍數: 64

級數: Intermediate

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音樂: You Rock My World - Michael Jackson

Intro: 38 counts	
S1: Side-Rock 1-2&3 4&5 6&7 8	and Step, Step turn Step, Full turn R, Step together Slide R to R, Rock L back, Recover and Step L forward Step R, turn ½ L, Step R Full turn to R stepping L, R, L Step R next L
 S2: MJ's Applejack, ¼ R Step, Step turn Shuffle Swivel R toes to R – L heel to R (feet are in v position with toes pointed out), Swivel R toes back to center-L heel back to center (transfer weight), Swivel L toes to L - R heel to L (feet are in v position with toes pointed out) 	
a 2 3	Hitch L knee up - R heel back to center, Touch L next R e&a4 □Repeat first 2counts
5-6-7 8&1	$\frac{1}{4}$ R and Step R forward, Step L forward and $\frac{1}{2}$ R Shuffle L, R, L
S3: Rock and Cross, ¼ L, Touch and Touch and Switch and Touch	
2&3 4	Rock R to R, Recover, Cross R over L ¼ L Step L forward
5&6& 7&8&	¼ L Point R toes out, ¼ L touch R next L, Point R out, Step R next L Point L toes out, Touch L next R, Touch L toes back, ¼ L Step L next R
S4: Step, Drag, Step, Drag, Step Touch Step Touch Back, Together	
1-2 3-4	Step R forward (without weight), Drag R next L (with weight) Step L forward (without weight), Drag L next R (with weight)
5&6& 7-8	Step R forward, 1/4 L touch L next R, ¼ L Step L forward, Touch R next L Big Step R back, Step L next R
S5: Walk Walk, and Touch, Hips Bump, Ball Step turn, Step back, Drag & Turn	
1-2 &3	Walk R, L Step R forward, Touch L toes out
&4 &5-6	Bump Hips to L, ¼ L Sit on your R leg (optional: With your L hand grab your jean as Michael) Step L next R, Step R forward, ½ L
&7 8	Step R next L, Step L back Drag your R next L making ½ L (without weight)
S6: Samba Steps, Step turn, Side together	
1&2	Cross R over L, Rock L to L, Recover
3&4	Cross L over R, Rock R to R, Recover
5-6 7-8	Step R forward, ½ L Touch L next R Big Step L to L, Touch R next L
S7: Hips Bump turn x2, Rock and Step and Big step, Touch	
1&2	Touch R to R diagonal and bump hips forward, Bump hips back, Step R forward turn 1/2 L
3&4	¹ / ₂ L bump hips forward, Bump hips back, Step L forward
5&6&	Rock R forward, recover, Step R back, Step L back





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牆數:4

S8: Side, Hold, and Side, turn, Kick out-out and Cross, Half turn

1-2& Step L to L, hold, R next L

- 3-4 Step L to L, ¼ L touch R next L
- 5&6&7 Kick R forward, Step R out, Step L out, Step R next L, Cross L over R
- 8 ¹/₂ Right (weight on your L)

Bridge: 4th Wall! After 30 counts, don't do the last 2 counts, after "Step R forward, Turn 1/4 L touch L next R, ¼ L Step L forward, Touch R next L"

Continue with the next section "Walk R, L"

Smile and Start again :)