

Get the Girl

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Lynn Card (USA) & Jamie Marshall (USA) - May 2015
音樂: How You Get the Girl - Taylor Swift



PHRASING: A, Tag, A, A, Tag, A, A, Restart After 8, A, Rest of Song w/ Optional Ending

Intro: 16 Counts

PART A: 64 counts

(1-8) Cross, Side Rock, Recover, Cross, Sweep

1&2,3,4 Cross R over L (1), Rock L to L (&), Recover onto R (2), Step L forward (3), Sweep R back to front (4)

5&6,7,8 Cross R over L (5), Rock L to L (&), Recover onto R (6), Step L forward (7), Sweep R back to front (8) (12:00)

(9-16) □ Cross Shuffle, Side Rock, Recover, Weave R Turning ¼ R, Upward Body Roll

1&2,3,4 Cross R over L (1), Step L to L (&), Cross R over L (2), Rock L to L (3), Recover onto R (4)

5&6 Cross L behind R (5), Turn ¼ R, stepping R forward (&), Step L next to R (6) (3:00)

7,8 Lower body by bending knees to begin 2 count upward body roll, weight ending forward on L (3:00)

(17-24) □ Coaster Step, 1/2 Pivot R, ½ Turning Triple, Rock, Recover

1&2,3,4 Step R back (1), Step L next to R (&), Step R forward (2), Step L forward (3), Pivot ½ R, stepping R in place (4) (9:00)

5&6,7,8 Turn ½ R, stepping L back (5), Step R next to L (&), Step L back (6), Rock R back (7), Recover onto L (8) (3:00)

(25-32) □ ¼ Pivot, Hold, Together, Step, Touch, Step, Hold, Together, Step, Touch

1,2&3,4 Turn ¼ L, stepping R to R (1), Hold (2), Step L next to R (&), Step R to R (3), Touch L next to R (4) (12:00)

5,6&7,8 Step L to L (5), Hold (6), Step R next to L (&), Step L to L (7), Touch R next to L (8)

(33-40) □ Forward Triple, ¼ Pivot, Crossing Triple, ¼ Step, Step

1&2, 3,4 Step R forward (1), Step L next to R (&), Step R forward (2), Step L forward (3), Pivot ¼ R, stepping L in place (4)

5&6,7,8 Cross L over R (5), Step R to R (&), Cross L over R (6), Turn ¼ L, stepping R back (7), Step L next to R (8)

(41-48) □ KICK & TAP & KICK & KICK & TAP & KICK & KICK & CROSS

1&2& Kick R forward (1), Step R next to L (&), Tap L behind R (2), Step L next to R (&)

3&4& Kick R forward (3), Step R next to L (&), Kick L forward (4), Step L next to R (&)

5&6& Tap R behind L (5), Step R next L (&), Kick L forward (6), Step L next to R (&)

7,8 Tap R heel forward (7), Hook R over L (8)

(49-56) □ Diagonal Triple, ½ R Pivot, Walk, Walk, Side Rock, Recover, Together

1&2,3,4 Turning 1/8 R (1:30), Step R forward (1), Step L next to R (&), Step R forward (2), Step L forward (3), Pivot ½ R, stepping R in place (4) (7:30)

5,6,7&8 Step L forward (5), Step R forward (6), Rock L to L (7), Recover onto R (squaring up to 9:00) (&), Step L next to R (8) (9:00)

(57-64) □ Point, ¼ Turn Right, Step R, Kick-Ball-Change, Step, ½ Pivot, Quick Step, Step

1,2, 3&4 Point R to R (1), Make ¼ turn to right stepping R next to L (2), Kick L forward (3), Step L next to R (&), Step R in place (4)

5,6, &7,8 Step L forward (5), Pivot ½ R, stepping R in place (6), Quick Step L next to R (&), Step R forward (7), Step L forward (8) (6:00)

TAG 1: 16 Counts

(1 – 8) □R Kick Ball Step, Scuff, Replace, L Kick Step, Scuff, Replace

1&2 Kick R forward (1), Step R next to L (&), Step L in place (3),

3&4 Scuff R as turn $\frac{1}{4}$ L (3), Slowly raise R, making circular motion front to back (&), Step R next to L (4)

5&6 Kick L forward (5), Step L next to R (&), Step R in place (6)

7&8 Scuff L as turn $\frac{1}{4}$ L (7), Slowly raise L, making circular motion front to back (&), Step L next to R (8)

Repeat again

Optional Ending: During 2nd time "AFTER" Restart, dance 32 counts (Step, Holds). Then do Tag "without" turns. (will be facing 12:00)

Last Update – 12th May 2015
