

Always On My Mind

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Alison Metelnick (UK) & Peter Metelnick (UK) - April 2015
音樂: Always On My Mind - Pet Shop Boys



Start after 64 count intro on vocal – [125 bpm – 3mins 55secs] No Tags Or Restarts

[1-8] □ Walk fwd 2, R fwd rock/ recover, R ball touch back, ½ L reverse pivot, R fwd, ½ L pivot turn, R fwd

1-4 Step R forward, step L forward, rock R forward, recover weight on L
&5-6 Step R back, touch L back, unwind ½ left stepping down on L (6 o'clock)
7&8 Step R forward, pivot ½ left step R forward, step R forward (12 o'clock)

[9-16] □ Walk fwd 2, L fwd rock/recover, L ball touch back, ¼ R reverse pivot, R weave 2

1-4 Step L forward, step R forward, rock L forward, recover weight on R
&5-6 Step L back, touch R back, unwind ¼ right stepping down on R (3 o'clock)
7-8 Cross step L over R, step R side

[17-24] □ L sailor step, ¼ R sailor step, L cross step, ¼ L & R back, ½ L shuffle

1&2 Cross step L behind R, step R side, step L side
3&4 Turning ¼ right cross step R behind L, step L side, step R side (6 o'clock)
5-6 Cross step L over R, turning ¼ left step R back (3 o'clock)
7&8 Turning ½ left step L forward, step R together, step L forward (9 o'clock)

[25-32] □ R fwd, ¼ L pivot turn, L weave 2, R behind-side-cross, step L touch R

1-2 Step R forward, pivot ¼ left (6 o'clock)
3-4 Cross step R over L, step L side
5&6 Cross step R behind L, step L side, cross step R over L
7-8 Step L side, touch R together

[33-40] □ R ball cross, ¼ L & R back, ¼ L and L chassé, R cross rock/recover, R chassé

&1-2 Step R back, cross step L over R, turning ¼ left step R back (3 o'clock)
3&4 Turning ¼ left step L side, step R together, step L side (12 o'clock)
5-6 Cross rock R over L, recover weight on L
7&8 Step R side, step L together, step R side

[41-48] □ Weave 4 with ¼ R, L fwd, ½ R pivot turn, L fwd shuffle

1-4 Cross step L over R, step L side, cross step L behind R, turning ¼ right step R forward (3 o'clock)
5-6 Step L forward, pivot ½ right (9 o'clock)
7&8 Step L forward, step R together, step L forward

[49-56] □ L full turn fwd stepping R/L, R fwd shuffle, L fwd rock/recover, heel steps travelling BACK

1-2 Turning ½ left step R back, turning ½ left step L forward (9 o'clock)
3&4 Step R forward, step L together, step R forward
5-6 Rock L forward, recover weight on R
&7 Step L back, touch R heel forward
&8 Step R back, touch L heel forward

[57-64] □ L back, R heel fwd, hold, R together, L fwd rock/recover, L coaster, R fwd, ¼ L pivot turn

&1-2 Step L back, touch R heel forward, hold
&3-4 Step R together, rock L forward, recover weight on R
5&6 Step L back, step R together, step L forward
7-8 Step R forward, pivot ¼ left (6 o'clock)

Contact ~ Tel: 01462 735778 - Email: info@thedancefactoryuk.co.uk - Website:
www.thedancefactoryuk.co.uk
