

Lonely Tonight (L/P)

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner Line / Partner
編舞者: Vickie Smith (USA) & Phillip Smith - April 2015
音樂: Lonely Tonight (feat. Ashley Monroe) - Blake Shelton



(Can be danced to any slow cha cha)

CROSS, BEHIND, STEP SWEEP, BEHIND, SIDE, CROSS, SWEEP

1 - 4 Cross R Over L, L To L, Behind With R, Sweep With L
5 - 8 Step L Behind R, R To R, Cross With L, Sweep With R

ROCK FORWARD, RETURN, SHUFFLE, ROCK BACK, RETURN, SHUFFLE

9 - 12 Rock Forward R, Return To L, Shuffle Back R-L-R
13-16 Rock Back L, Return To R, Shuffle Forward L-R-L

STEP 1/2 TURN, SHUFFLE, STEP 1/4 TURN, SHUFFLE

17-20 Step R Pivot 1/2 Turn L, Shuffle R-L-R
21-24 Step L Pivot 1/4 Turn R, Shuffle L-R-L

(On 1/2 turn, Man drops lady's L hand, R comes over her head)

(On 1/4 turn, Lady steps to R side of man, returning to sweetheart position)

ROCK 1/2 TURN SHUFFLE, ROCK 1/2 TURN SHUFFLE

25-28 Rock Forward R, Return L, Shuffle R-L-R, Turning 1/2 R
29-32 Rock Forward L, Return R, Shuffle L-R-L, Turning 1/2 L

(On first turn, You will just switch from sweetheart position to reverse sweetheart position)

(On last turn, switch back to sweetheart position)

START OVER & HAVE FUN

Contact: bsoutlaws@gmail.com - 812-789-3055