Cowgirl Cha Cha (L/P)

級數: Intermediate Line / Partner

編舞者: Vickie Smith (USA) - January 2015 音樂: Doin' My Thing - Luke Bryan

牆數: 1

Alt: I'm Just A Man By Jason Aldean Any Slow To Medium Cha Cha Of Your Choice Quicker Music: Already Callin' You Mine By Parmalee / Stutter By Maroon 5 / Move By Parmalee / Ride By Reba

(Side By Side, Sweetheart Position)

拍數: 48

Touch Front Side, Sailor Shuffle, Front Side , Sailor

1-2, 3&4 Touch L Front, To The L Side, L Sailor Shuffle (Step L Behind R,Step R To R, Step Weight L)
5-6, 7&8 Touch R Front, To The R Side, R Sailor Shuffle (Step R Behind L, Step L To L, Step Wieght R)

Rock & Shuffle With R & L

9-10, 11&12Rock L Forward Return Weight To R, L Shuffle Back13-14, 15&16Rock R Back Return Weight To L, Shuffle R Forward

L Lock & Shuffle, R Lock & Shuffle

17-18, 19&20 Step Forward L, Lock R Behind L, L Shuffle Forward 21-22, 23&24 Step Forward R, Lock L Behind R, R Shuffle Forward

(If Dancing As Partner Dance-Steps 29-32, Drop R Hands,

L Hands, Go Over Man's Head, Then Over Lady's Head-Rejoin After Turns Steps 25-36, You Will Be In Reverse Sweetheart Position

Step 1/2 Turn, Shuffle-Shuffle 1/2 Turn

25-26, 27&28 Step L Forward, Pivot 1/2 Turn R, L Shuffle29-30, 31&32 Step R Forward, Pivot 1/2 Turn L, R Shuffle L 1/2 Turn L

Return To Sweetheart Position On Steps 37-38

Rock Shuffle-Turn Shuffle 33-34, 35&36 Rock Back On L, Return Wieght To R, L Shuffle

37-38, 39&40 Step Forward R Pivot 1/4 Turn L, R Shuffle

Rock 1/4 Turn, Side Shuffle, Rock Coaster Step

41-42, 43&44 Rock L Over R, Return Weight R, 1/4 Turn L During L Shuffle

45-46, 47&48 Rock Forward R Return Weight To L, R Coaster Step (Back On R, Together With L, Forward On R)

Start Over & Have Fun

Optional Steps For :29-32 Rock R Forward, Return Weight To L, R Shuffle Back (R-L-R)

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