

Pusing Pala Barbie

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: Intermediate
編舞者: HR Adi (INA) - May 2015
音樂: Pusing Pala Barbie by Putri Bahar



Intro : 32 Count

S1: Turn ½ Left – Cross Shuffle – Side Recover – Behind Side Cross

1-2-3 ¼ turn left step L (9,00), step fwd R, ¼ turn left step L to L side (6.00)
4&5 Cross R over L, step L to L side, cross R over L
6-7 Step L to L side, recover R
8&1 Step L behind R, step R to R side, cross L over R

S2: Side Together – Chasse – Turn ¼ Right – Step Fwd Recover – Back Look Shuffle

2-3 Step R to R side, step L next to R
4&5 Step R to R side, step L next to R, ¼ turn right step fwd R (9.00)
6-7 Step fwd L, recover R
8&1 Step back L, cross R over L, step back L (9.00)

S3: Point Turn ½ Unwind – Kick Bold – Step Fwd Recover – Coaster Step

2-3 Point right behind L, unwind ½ turn right weight on L (3.00)
4&5 Kick R, step next R to L, step fwd L
6-7 Step fwd R, recover L
8&1 Step back R, step L next to R, step fwd R

S4: Side Together – Chasse – Rock Recover – Chasse ¼ turn Right

2-3 Step L to L side, step next R to L
4&5 Step L to L side, step next R to L, step L to L side
6-7 Cross R over L, recover L
8&1 Step R to R side, step L next to R, ¼ turn right step fwd R (6.00)

S5: Side Together – Chasse – Rock Recover – Chasse ¼ turn Right

2-3 Step L to L side, step next R to L
4&5 Step L to L side, step next R to L, step L to L side
6-7 Cross R over L, recover L
8&1 Step R to R side, step L next to R, ¼ turn right step fwd R (9.00)

S6: 2x Hip Bump L-R

2-3 Step fwd L, recover R
4&5 Step fwd L, recover R, step fwd L
6-7 Step fwd R, recover L
8&1 Step fwd R, recover L, step fwd R

S7: Rock Fwd - Recover – Full Turn Left Cha Cha – Coaster Step

2-3 Step fwd L, recover R
4&5 ½ turn left into shuffle fwd L,R,L (3.00)
6&7 ½ turn left into shuffle fwd R,L R (9.00)
8&1 Step back L, step R next to L, step fwd L

S8: Side Together – Chasse – Cross Crock – Recover – Side Together

2-3 Step R to R side, step L next to R
4&5 Step R to R side, step L next to R, step R to R side

6-7 Cross L over R, recover R
8& Step L to L side, step R next to L

Tag And Restart On Wall 3: After Count : 24

2-3 Step L to L side, step next R to L
4&5 Step L to L side, step next R to L, step L to L side
6-7-8 Step fwd R, recover L, step R next to L

Start Again,,,,,,,,

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