

# If You're Lonely

**COPPER** **KNOB**  
BY STEPHEN

拍數: 32      牆數: 4      級數: Easy Intermediate  
編舞者: Iliane Raiza van der Graaf (NL) - April 2015  
音樂: If You're Lonely Too - Jon Wolfe : (CD: Natural Man)



Intro: 16 counts

## WALK BACK X2, COASTER STEP, SAMBA STEP, CROSS, ¼ TURN RIGHT, STEP BACK, ¼ TURN RIGHT, SIDE STEP

1            step back on right  
2            step back on left  
3            step back on right  
&            step left next to right  
4            step forward on right  
5            cross left in front of right  
&            rock right to the right side  
6            recover onto left  
7            cross right in front of left  
&            make ¼ turn right, step back on left  
8            make ¼ turn right, step right to the right side [6:00]

## CROSS, SIDE STEP, SAILOR STEP, ROCK FORWARD, RECOVER, ½ SHUFFLE TURN RIGHT

9            cross left over right  
10           step right to the right side  
11           step left behind right  
&            step right to the right side  
12           step left to the left side [6:00]  
13           rock forward on right  
14           recover onto left  
15           make ¼ turn right, step right to the right side  
&            step left next to right  
16           make ¼ turn right, step forward on right [12:00]

## STEP FORWARD, TAP BEHIND &, HEEL FORWARD & STEP FORWARD, STEP FORWARD, PIVOT ½ TURN RIGHT, FULL TURN RIGHT FORWARD (3-STEP TURN)

17           step forward on left  
18           tap right behind left  
&            step back on right  
19           touch left heel forward  
&            step left next to right  
20           step forward on right  
21           step forward on left  
22           pivot ½ turn right [6:00]  
23           make ½ turn right, step back on left  
&            make ½ turn right, step forward on right  
24           step forward on left [6:00]

## ROCK FORWARD, RECOVER, COASTER STEP, ROCK FORWARD, RECOVER, TRIPLE ¾ TURN LEFT

25           rock forward on right  
26           recover onto left  
27           step back on right  
&            step left next to right

28 step forward on right [6:00]  
29 rock forward on left  
30 recover onto right  
31 make ¼ turn left, step left to the left side  
& make ¼ turn left, step right next to left  
32 make ¼ turn left, step left in place [9:00]

**Note:** This dance has several easy adjustments.

**TAG:** At the end of wall 3 add the following 8 counts, than start again.

**WALK BACK X2, COASTER STEP, STEP FORWARD, PIVOT ½ TURN RIGHT, COASTER STEP FORWARD**

1 step back on right  
2 step back on left  
3 step back on right  
& step left next to right  
4 step forward on right  
5 step forward on left  
6 pivot ½ turn right  
7 step forward on left  
& step right next to left  
8 step back on left

**RESTART:** Dance wall 5 until counts 27& and change count 28 in: TOUCH

28 touch right next to left - Then start again.

**FINISH:** Dance wall 10 until count 20, you will end facing 12:00 o'clock.

**DANCESEQUENCE:** 32, 32, 32, TAG, 32, 28, 32, 32, 32, 32, 20

**Contact:** [www.tennesseelinedancers.com](http://www.tennesseelinedancers.com)

---