

If You're Lonely

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Easy Intermediate
編舞者: Iliane Raiza van der Graaf (NL) - April 2015
音樂: If You're Lonely Too - Jon Wolfe : (CD: Natural Man)



Intro: 16 counts

WALK BACK X2, COASTER STEP, SAMBA STEP, CROSS, ¼ TURN RIGHT, STEP BACK, ¼ TURN RIGHT, SIDE STEP

1 step back on right
2 step back on left
3 step back on right
& step left next to right
4 step forward on right
5 cross left in front of right
& rock right to the right side
6 recover onto left
7 cross right in front of left
& make ¼ turn right, step back on left
8 make ¼ turn right, step right to the right side [6:00]

CROSS, SIDE STEP, SAILOR STEP, ROCK FORWARD, RECOVER, ½ SHUFFLE TURN RIGHT

9 cross left over right
10 step right to the right side
11 step left behind right
& step right to the right side
12 step left to the left side [6:00]
13 rock forward on right
14 recover onto left
15 make ¼ turn right, step right to the right side
& step left next to right
16 make ¼ turn right, step forward on right [12:00]

STEP FORWARD, TAP BEHIND &, HEEL FORWARD & STEP FORWARD, STEP FORWARD, PIVOT ½ TURN RIGHT, FULL TURN RIGHT FORWARD (3-STEP TURN)

17 step forward on left
18 tap right behind left
& step back on right
19 touch left heel forward
& step left next to right
20 step forward on right
21 step forward on left
22 pivot ½ turn right [6:00]
23 make ½ turn right, step back on left
& make ½ turn right, step forward on right
24 step forward on left [6:00]

ROCK FORWARD, RECOVER, COASTER STEP, ROCK FORWARD, RECOVER, TRIPLE ¾ TURN LEFT

25 rock forward on right
26 recover onto left
27 step back on right
& step left next to right

28 step forward on right [6:00]
29 rock forward on left
30 recover onto right
31 make ¼ turn left, step left to the left side
& make ¼ turn left, step right next to left
32 make ¼ turn left, step left in place [9:00]

Note: This dance has several easy adjustments.

TAG: At the end of wall 3 add the following 8 counts, than start again.

WALK BACK X2, COASTER STEP, STEP FORWARD, PIVOT ½ TURN RIGHT, COASTER STEP FORWARD

1 step back on right
2 step back on left
3 step back on right
& step left next to right
4 step forward on right
5 step forward on left
6 pivot ½ turn right
7 step forward on left
& step right next to left
8 step back on left

RESTART: Dance wall 5 until counts 27& and change count 28 in: TOUCH

28 touch right next to left - Then start again.

FINISH: Dance wall 10 until count 20, you will end facing 12:00 o'clock.

DANCESEQUENCE: 32, 32, 32, TAG, 32, 28, 32, 32, 32, 32, 20

Contact: www.tennesseelinedancers.com
