

Long Stretch of Love

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Beginner
編舞者: Amy Auger (USA) & Dee Blansett (USA) - April 2015
音樂: Long Stretch of Love - Lady A



#16 Count Intro

(R&L) Kick & Point, Hitch Right Foot, Big Step to Right, Drag & Touch

1&2 Kick forward Right (1), Step Right together-weight on right (&), Touch Left out to the side (2)
3&4 Kick forward Left (3), Step Left together-weight on left (&), Touch Right out to the side (4)
5-6 Hitch Right knee across body (5), Big step Right side right (6)
7-8 Drag Left foot (7) Touch left beside right (8) weight on right

(L&R) Kick & Point, Hitch Left Foot, Big Step to Left, Drag & Touch

1&2 Kick forward Left (1), Step Left together-weight on Left (&), Touch Right out to the side (2)
3&4 Kick forward Right (3), Step Right together-weight on Right (&), Touch Left out to the side (4)
5-6 Hitch Left knee across body (5), Big step Left side left (6)
7-8 Drag Right foot (7) Touch right beside left (8) weight on left

Walk Forward (X2), Right Coaster-Step Forward; Walk Back L& R, ½ turn Left –Step forward Left, Step Forward Right

1-2 Walk forward Right (1), Walk forward Left (2)
3&4 Step forward Right (3), Step Left next to Right (&), Step back on Right (4)
5-6 Walk back Left (5), Walk back Right (6)
7-8 Turn ½ turn Left –Stepping forward on left (7), Step forward Right (8) 6:00

Skates, Left & Right, ¼ Shuffle Left

1-2 Skate Left (1), Hold (2)
3-4 Skate Right (3), Hold (4)
5-6 Skate Left (5), Skate Right (6)
7&8 Step Left ¼ turn Left (7), Step Right beside Left (&) Step forward Left (8) 3:00

Styling option: on count 7&8 above: Full 1 + ¼ triple turn over the left

Repeat!

Contacts: -

saturdaynightout@yahoo.com - www.AmyAuger.com

DeeBlansett@UDancers.com - www.UDancers.com