

When I Cry (愛, 哭, 心痛) (zh)

COPPER KNOB
BY STEPHEN HETS

拍數: 48 牆數: 2 級數: Improver
編舞者: Maria Hennings Hunt (UK) - 2008年01月
音樂: It Only Hurts Me When I Cry - Raul Malo



前奏: 16 Count Intro – Start On Vocal 唱歌起跳

第一段 SYNCOPATED JAZZ BOX, CROSS, SIDE, BACK ROCK, CHASSE LEFT 變奏爵士方塊, 交叉, 側, 後下沉, 左追步

- 1-2 Cross Right Foot Over Left Foot, Step Left Foot Back
右足於左足前交叉踏, 左足後踏
- 8&3-4 Step Right Foot To Side, Step Left Over Right, Step Right Foot To Side 右足右踏, 左足於右足前踏, 右足右踏
- 5-6 Rock Left Foot Behind Right Foot, Recover Weight On Right Foot
左足於右足後下沉, 右足回復
- 7&8 Step Left Foot To Side, Close Right Foot To Left Foot, Step Left Foot To Side 左足左踏, 右足併踏, 左足左踏

第二段 CROSS ROCK, CHASSE ¼ TURN RIGHT, STEP PIVOT ½ TURN, SHUFFLE FORWARD 交叉下沉, 右轉1/4走步, 踏轉1/2, 前交換步

- 1-2 Rock Right Foot Over Left Foot, Recover Weight On Left Foot
右足於左足前下沉, 左足回復
- 3&4 Step Right Foot To Side, Close Left Foot To Right Foot, Step Right Foot ¼ Turn To Right 右足右踏, 左足併踏, 右轉90度右足踏
- 5-6 Step Left Foot Forward, Turn ½ Turn Over Right Shoulder, Step Onto Right Foot 左足前踏, 轉180度右足踏
- 7&8 Step Forward Left Foot, Close Right Foot To Left Foot, Step Forward Left Foot (9.00) 左足前踏, 右足併踏, 左足前踏(9點鐘)
(Or Shuffle Full Turn Forward) 前轉圈

第三段 WALK, WALK, RIGHT KICK, LEFT KICK, PADDLE ¼ TURN LEFT TWICE 走, 走, 右踢, 左踢, 左划槳步二次

- 1-2 Walk Forward Right And Left 右 & 左前走
- 3&4 Kick Right Leg Forward, Step Onto Right Foot And Kick Left Leg Forward
右足前踢, 右足踏, 左足前踢
- 8&5-6 Step On To Left Foot, Step Right Forward, Paddle ¼ Turn Left Recover Weight On Left 左足踏, 右足前踏, 左轉90度划槳步
- 7-8 Step Forward Right Foot, Paddle ¼ Turn Left (3.00)
右足前踏, 左轉90度划槳步(3點鐘)

第四段 ROCK FORWARD, TRIPLE ½ TURN RIGHT, ROCK ¼ TURN, CROSS SHUFFLE 前下沉, 小三步右轉180度, 轉90度下沉, 交叉交換

- 1-2 Rock Forward On Right Foot, Recover Weight On Left Foot
右足前下沉, 左足回復
- 3&4 Shuffle Half Turn Over Right Shoulder, Stepping R, L, R
交換步轉半圈-右, 左, 右
- 5-6 Rock Forward On Left Foot, Turn ¼ To Right Foot Recovering Weight On Right Foot 左足前下沉, 右轉90度重心在右足
- 7&8 Cross Left Foot Over Right, Step Right Foot To Side, Cross Left Foot Over Right (12.00)
左足於右足前交叉踏, 右足右踏, 左足於右足前交叉踏(12點鐘)
RESTART HERE ON WALL 4 第四面牆從頭起跳

第五段 KICK BALL CROSS, KICK BALL CROSS, SIDE ROCK, SAILOR ½ TURN RIGHT 踢交換交叉, 踢交換交叉, 側下沉, 右轉1/2水手步

- 1&2 Kick Right Leg Forward, Step Back On Right Foot, Cross Left Foot Over Right 右足前踢, 右足後踏, 左足於右足前交叉踏

- 3&4 Kick Right Leg Forward, Step Back On Right Foot, Cross Left Foot Over Right 右足前踢, 右足後踏, 左足於右足前交叉踏
- 5-6 Rock Right Foot To Side Right, Recover Weight On Left Foot 右足右下沉, 左足回復
- 7&8 Step Right Foot Behind Left, Turn ½ Right Stepping Left Foot To Side, Step Right Forward (6.00) 右足於左足後踏, 右轉180度左足左踏, 右足前踏(6點鐘)

第六段 STEP TOUCH, STEP TOUCH, OUT, OUT, HOLD - 3 BEATS
踏點, 踏點, 外, 外, 候3拍

- 1-2 Step Left Foot To Side, Touch Right Toe Next To Left Foot (No Weight) 左足左踏, 右足趾併點
- 3-4 Step Right Foot To Side, Touch Left Toe Next To Right Foot (No Weight) 右足右踏, 左足趾併點
- &5 Step Left Foot Out To Side Left, Step Right Foot Out To Side Right 左足左踏, 右足右踏
- 6-8 Hold 候3拍

ENDING: On Wall 6 Repeat The Last Two Sections (From The KICK BALL CROSSES) To End With The Music. 第六面牆重覆最後二段到音樂結束
