Fifty Shades of Grey



拍數: 48 牆數: 4 級數: Intermediate waltz

編舞者: Anne Herd (AUS) - January 2015

音樂: Earned It - The Weeknd: (CD: 50 Shades Of Grey, OST - iTunes)



Intro: Start 24 beats in (12 sec) 3 beats before the lyrics, weight on R – Turning CW (No Tags/ Restarts)

S1: STEP, TOUCH, KICK, COASTER STEP□

1-2-3 Step forward on L, Touch R beside L, Kick R forward 4-5-6 Step back on R, Step L beside R, Step forward on R

S2: STEP 1/4 TURN, SWEEP, CROSS. ROCK REPLACE

1-2-3 Step forward on L, Turn ¼ L, Sweep R out and around for two counts

4-5-6 Cross R over L, Rock L to side, Recover to R (9:00)

S3: CROSS, ¼ TURN, ¼ TURN, ¼ TURN, SWEEP

1-2-3 Cross L over R, Turn ¼ L, Step back on R, Turn further ¼ L, Step L to side

4-5-6 Turn further ¼ L, Step R to side, Sweep L out and around behind R for two counts (12:00)

S4: SAILOR STEP, TOUCH, TOUCH UNWIND 1/2,

1-2-3 Cross L behind R, Step R to side, Step L to side

4-5-6 Touch R behind L, Unwind ½ R over two counts (Taking weight to R) (6:00)

S5: STEP POINT HOLD, 1/2 TURN, POINT, HOLD

1-2-3 Step forward on L, Point R to side, Hold

4-5-6 Turn ½ R, Step R beside L, Point L to side, Hold (12:00)

S6: FRONT, SIDE. BEHIND, STEP, DRAG, TOUCH

1-2-3 Cross L over R, Step R to side, Cross L behind R,4-5-6 Step R to side, Drag L towards R. Touch L beside R

S7: 1 1/4 ROLLING VINE, STEP SWEEP.

1-2-3 Turn ¼ L, Step forward on L, Turn ½ L stepping back on R, Turn ½ L stepping forward on L

4-5-6 Step forward on R, Sweep L out and around over two counts (9:00)

(To take out the rolling vine, turn 1/4 L and waltz forward LRL)

S8: CROSS WALTZ, CROSS UNWIND 1/2, HOLD, HOLD

1-2-3 Cross L over R, Step R to side, Recover to L

4-5-6 Cross R over L, Unwind ½ L, Hold for two counts (Taking weight to R)

Styling: Pop L knee on count 48

[48] Begin dance again

Ending: Dance to count 40 and drag L beside R

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