

This Girl

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Anne Herd (AUS) - January 2015
音樂: That Girl - Jennifer Nettles : (CD: Single - iTunes - 4:00)



Intro: Start on lyrics 16 beats in (20 sec.) weight on L - CCW rotation

S1: MAMBO FORWARD, MAMBO BACK, CROSS, SIDE, BACK, SWEEP BEHIND SIDE FORWARD

- 1&2-3&4 Rock forward on R, Recover to L, Step back on R, Rock back on L, Recover to R, Step forward on L
5&6-7&8 Cross R over L Step L to side, Step back on R, Sweep L out and around behind R, Step onto L, Step R to side, Step forward on L

S2: STEP LOCK STEP, HITCH, ¼ TURN, STEP LOCK STEP, SCUFF, SYNCOPATED STEP LOCKS, ROCK RECOVER

- 1&2&3&4& Step forward on R, Lock L behind R, Step forward on R, Hitch L, Turn ¼ R, Step forward on L, Lock R behind L, Step forward on L
5&6&7&8& Step forward on R, Lock L behind R, Step forward on R., Step forward on L. Lock R behind L, Step forward on L, Rock forward on R, Recover to L (3:00)

S3: RIGHT AND LEFT BASIC NIGHT CLUB, SIDE, BEHIND ¼, ¼, BEHIND, BEHIND, SIDE

- 1-2&3-4& Step R to side, Rock back on L, Recover to R, Step L to side, Rock back on R, recover to L
5-6&7-8& Step R to side, Cross L behind R, Turn ¼ R stepping forward on R; Turn further ¼ R, Step L to side, Step R slightly behind L, Step L to side. (9:00)

S4: RIGHT AND LEFT SIDE TOGETHER, SIDE TOGETHER FORWARD, SIDE TOGETHER BACK,

- 1-2&3-4& Step R to side, Step L beside R, Step R beside L. Step L to side, Step R beside L, Step L beside R
5&6-7&8 Step R to side, Step L beside R, Step forward on R, Step L to side, Step R beside L, Step back on L

S5: BACK, DRAG, BACK DRAG, ROCK RECOVER, STEP, TOUCH, UNWIND ¾

- 1-2&3-4& Step back on R, Drag L towards R, Step L beside R, Step R in place, Step back on L, Drag R towards L, Step R beside L, Step L in place
5-6&7-8 Rock R back on R, Recover to L, Step R forward, Cross L behind R and unwind ¾ L (keeping weight on L) (12:00)

S6: FORWARD SWEEPS, FORWARD TOGETHER, BACK TOGETHER, STEP, TOUCH, 1 ¼ ROLLING VINE

- 1-2-3&4& Sweep R out and around, Step forward on R, Sweep L out and around, Step forward on L, Step forward on R, Step L beside R, Step back on R, Step L beside R
5-6-7&8 Step R to side as you drag L towards R, Touch L beside R, Make a 1 ¼ turn over L shoulder stepping L R L

(1 ¼ rolling vine can be taken out by turning ¼ L and shuffling forward LRL)

[48] Begin dance again

TAGS: □At the end of walls 1 and 3 add the following 4 count tag

PIVOT ½, STEP, PIVOT ½, STEP

- 1&2 Step forward on R, Pivot ½ L, Take weight to L, Step forward on R
3&4 Step forward on L, Pivot ½ R, Take weight to R, Step forward on L

ENDING: □Dance to count 16& (you will be facing 12:00) then step back on R and drag L towards R

Contact: anneherd@bigpond.com
