

# It Feels Good

**COPPER KNOB**  
STEPPERS

拍數: 32      牆數: 4      級數: Improver  
編舞者: Tobey Lang (CAN) - April 2015  
音樂: It Feels Good - Drake White



**Intro: 24 Counts, Start on Lyrics**

**RESTART: During Wall 3, dance first 16 Counts, Step L beside R (&), then start again.**

## **Walk 2x, Hat-Dance, Rock-Recover, 3/4 Shuffle**

1-2            Step R forward (1) Step L forward (2)  
3&            Touch R heel forward (3) Step R beside L (&)  
4&            Touch L heel forward (4) Step L beside R (&)  
5-6            Rock R forward (5) Recover onto L (6)  
7&            1/2 turn R, Step R forward (7) Step L beside R (&)  
8              1/4 turn R, Step R over L (8)

## **Side, Behind, Shuffle, Rock-Recover, 1/4 Shuffle**

1-2            Step L side L (1) Step R behind L (2)  
3&4           Step L side L (3) Step R beside L (&) Step L side L (4)  
5-6            Rock R over L (5) Recover onto L (6)  
7&8           Step R side R (7) Step L beside R (&) Step R 1/4 R (8)

**RESTART: During Wall 3**

## **Step, Touch, Step, Touch, Rock-Recover, Coaster-Cross**

1-2            Step L diagonal L (1) Touch R beside L (2)  
3-4            Step R diagonal R (3) Touch L beside R (4)  
5-6            Rock L forward (5) Recover onto R (6)  
7&8           Step L back (7) Step R beside L (&) Step L over R (8)

## **R Shuffle, Rock-Recover, L Shuffle, 1/4 Rock- Recover**

1&2           Step R side R (1) Step L beside R (&) Step R side R (2)  
3-4            Rock L back (3) Recover onto R (4)  
5&6           Step L side L (5) Step R beside L (&) Step L side L (6)  
7-8            1/4 turn R, Rock R back (7) Recover onto L (8)

**HAVE FUN AND ENJOY**

Chor – Contact: slang@vianet.on.ca ☐☐  
Other contact: Dan Morrison - dan\_orillia@live.com