

What If?? (如果) (zh)

COPPER KNOB
STYLEDANCE

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Francien Sittrop (NL) - 2010年11月
音樂: What If - Jason Derulo



前奏 : Intro: 16 counts from the start , Start on Vocals

- 第一段** Side, Cross Rock , ½ R with sweep, Cross Side Behind , Behind , ¼ L , Press, Recover, Step Back
左, 交叉下沉 回復, 1/2繞, 藤步, 後 1/4, 壓 回 後
- 1 Step L Diag to the L side 面向斜角左足左踏
- 2&3 Rock R across L, Recover on L, ¼ R step R fwd (3.00) and Sweep L round into ¼ Turn R (6.00)
右足於左足前交叉下沉, 左足回復, 右轉90度右足前踏(面向3點鐘)左足繞至前右轉90度(面向6點鐘)
- 4&5 Step L across R, Step R to R side, Step L behind R and Sweep R to the back 左足於右足前交叉踏, 右足右踏, 左足於右足後踏右足繞至後
- 6& Step R behind L, ¼ Turn L step L Fwd (3.00)
右足於左足後踏, 左轉90度左足前踏(面向3點鐘)
- 7 Press R fwd 右足前壓踏
- 8& Recover on L, Step Back on R 左足回復, 右足後踏
- 第二段** Big step Back and Drag , Coaster Cross , Side Rock Cross, Triple Full Turn L, Back Rock, Recover
後大步拖併, 海岸交叉, 曼波交叉, 三步左轉圈, 後下沉 回復 左
- 1 Step L big step to the back and Drag R to L
左足後一大步右足拖併
- 2&3 Step R back, Step L next to R, Step R across L
右足後踏, 左足併踏, 右足於左足交叉踏
- 4&5 Rock L to L side, Recover on R, Step L across R
左足左下沉, 右足回復, 左足於右足前交叉踏
- 6&7 ¼ Turn L step R back, ½ Turn L step L fwd, ¼ Turn L step R to R side (3.00)
左轉90度右足後踏, 左轉180度左足前踏, 左轉90度右足右踏(面向3點鐘)
- 8&1 Rock L back, Recover on R, Step L to L side
左足後下沉, 右足回復, 左足左踏
- 第三段** Sailor step ½ Turn R , Lock Step , Syncopated Rock Steps, Behind Side, Cross Rock 轉水手, 鎖踏, 變奏搖椅步, 後 旁 前交叉 回復
- 2&3 Sweep R to Back with ½ Turn R step Down, Step L to L side, Step R fwd (9.00) 右足右轉180度繞至後踏, 左足左踏, 右足前踏(面向9點鐘)
- &4 Lock L behind R, Step R fwd 左足於右足後鎖踏, 右足前踏
- 5&6& Rock L fwd, Recover on R, Rock L to L side, Recover on R
左足前下沉, 右足回復, 左足左下沉, 右足回復
- 7& Step L behind R, Step R to R side
左足於右足後踏, 右足右踏
- 8& Rock L across R, Recover on R
左足於右足前交叉下沉, 右足回復
- 第四段** Side, Sailor Step ½ Turn R, Triple Full Turn R, Mambo Step, Sailor ½ Turn L 左, 轉水手, 三步右轉圈, 前曼波, 轉水手
- 1 Step L to L side 左足左踏
- 2&3 Sweep R back making ½ Turn R and step down, Step L down , Step R fwd (3.00) 右轉180度右足繞至後踏, 左足踏, 右足前踏(面向3點鐘)
- 4&5 Triple full Turn right with L,R,L
三步右轉圈-左, 右, 左

6&7 Rock R fwd, Recover on L, Step R back and Sweep L to Back
右足前下沉, 左足回復, 右足後踏左足繞至後

8& ½ Turn L Sweep L to back and step back, Step R fwd (9.00)
左轉180度左足繞至後踏, 右足前踏(面向9點鐘)

ENDING: Dance last wall up to count 29. Dance the last sailor step with ¼ Turn L(8&) and on 1 step L fwd to face the front side again

結束：最後一面牆跳至第四段第7拍, 最後的8&1改左轉90度水手步, 最後左足前踏面向前面做結束
