

Moment In The Sunshine

COPPER **KNOB**
BY STEPSHEETS

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Hayley Wheatley (UK) & Heather Freeman (UK) - April 2015
音樂: Something Good - The Overtones : (Album: Sweet Soul Music)



Music Available from iTunes, Google Play and Amazon

Intro: 32 counts

S1: HEEL GRIND, BEHIND, SIDE, CROSS SHUFFLE, SIDE ROCK ¼ TURN,

1-2 Dig right heel into floor, toes pointing left, swivel toes to right
3-4 Step right foot behind left, step left foot to left side
5&6 Cross right foot over left, step left foot to left side, cross right foot over left
7-8 Rock out on left foot to left side, recover on right turning ¼ turn right (3:00)

S2: FULL TURN, ROCKING CHAIR, CROSS BACK,

1-2 Step back on left foot pivoting ½ turn right, step forward on right foot pivoting ½ turn right
3-4 Rock forward on left foot, recover onto right
5-6 Rock back on left foot, recover onto right
7-8 Cross left foot over right, step back on right foot

S3: HIP BUMPS, CHASSE LEFT, CROSS BACK, HIP BUMPS,

1-2 Bumps hips to the left, bump hips to the right
3&4 Step left foot to left side, close right foot next to left, step left foot to left side
5-6 Cross right foot over left, step back on left foot
7-8 Bumps hips to the right, bump hips to the left

(Restart here from beginning on Wall 3)

S4: CHASSE ¼ TURN RIGHT, STOMP HOLD, STOMP, PIVOT ½ TURN, WALK, WALK

1&2 Step right foot to right side, close left next to right, step right foot to right side making ¼ turn right
3-4 Stomp left foot forward, hold
5-6 Stomp right foot forward, Pivot ½ turn left
7-8 Walk forward on right foot, walk forward on left foot (12:00)

S5: CROSS POINT, CROSS POINT, JAZZ BOX CROSS

1-2 Cross right foot over left, point left foot to left side
3-4 Cross left foot over right, point right foot to right side
5-6 Cross right foot over left, step back on left foot
7-8 Step right foot to right side, cross left foot over right

(Tag/restart here on Wall 6)

S6: FIGURE OF EIGHT GRAPEVINE

1-2 Step right foot to right side, step left foot behind right
3-4 Step right foot to right side turning ¼ right, step forward on left
5-6 Turn ½ right stepping on right, turn ¼ right stepping on left
7-8 Step right foot behind left, step left foot to side turning ¼ left (9.00)

S7: STEP TOUCH, STEP TOUCH, STEP TOUCH, STEP TOUCH

1-2 Step forward on right foot to right diagonal, touch left foot next to right, clap
3-4 Step back on left foot to left diagonal, touch right foot next to left, clap
5-6 Step back on right foot to right diagonal, touch left foot next to right, clap
7-8 Step forward on left foot to left diagonal, touch right foot next to left, clap

(Restart here from beginning on wall 5)

S8: POINT HOLD, POINT HOLD, PIVOT ¼ STEP, POINT SIDE, CLAP

1-2 & Point right foot to right side, hold, step right foot next to left
3-4 & Point left foot to left side, hold, step left foot next to right
5-6 Step forward on right foot, turn ¼ left stepping on left foot
7-8 Touch right toe to right side, hold with a clap (6.00)

RESTARTS:-

Wall 3 – Restart dance from the beginning after 24 counts

Wall 5 – Restart dance from the beginning after 56 counts

TAG: Wall 6 – add a 4 count Tag after 40 counts – walk round a full turn over the right stepping right, left, right, left – then Start from the beginning of the dance

FINISH: Dance ends facing 3 o'clock on section 7 – on counts 7-8 of this section turn a quarter left to face the front wall stepping on the left foot, touching right next to left – Ta da!

Please do not alter this step sheet in any way. If you would like to use on your website please make sure it is in its original format and include all contact details on this script. © 2014 Heather Freeman (heatherf@nulinedance.com)
