

Everybody Get Up (a.k.a Blurred Lines)

拍數: 32
編舞者: Helena Davies (UK) - August 2013
音樂: 'Blurred Lines' by Robin Thicke

牆數: 4

級數: Easy Intermediate



Intro: 32 counts...

[1-8] □ Step-Touch X3, Tap R X3:

1-2 Step L fwd to L corner, Tap R beside L
3-4 Step R back to R corner, Tap L beside R
5-6 Step L back to L corner, Tap R beside L
7&8 Tap R to R side, Tap R beside L, Tap R to R side

[9-16] □ R Sailor, L Sailor 1/4 Turn L, Hip Bumps:

1&2 R sailor
3&4 L Sailor 1/4 turn L (9)
5&6 Step R fwd - leaning slightly fwd bumping hips fwd-back-fwd
7&8 Leaning slightly back - bump hips back-fwd-back

[17-24] Fwd Step-Lock X2, Pivot 1/2 Turn R & Hitch, R Coaster:

1-2 Step R fwd, Lock-step L behind R
3&4 Step R fwd, Lock-step L behind R, Step R fwd
5-6 Step L fwd, Pivot 1/2 turn R while hitching R knee (3)
7&8 Step R back, Close L to R, Cross-step R over L

[25-32] Chasse L, R Sailor, Behind-side-cross, Step-Drag:

1&2 Step L to L side, Close R to L, Step L to L side
3&4 R Sailor-step
5&6 Step L behind R, Step R to R side, Cross-step L over R
7-8 Step R long-step to R side, Drag L towards R and touch

Submitted by - johnny sheehan: johnny.s@modernlinedancing.co.uk