

# Overtones Get Ready

拍數: 48      牆數: 2      級數: Improver  
編舞者: Andrew Hobman (UK) - April 2015  
音樂: Get Ready - The Overtones



Intro 24 counts, start on count 25 when vocals begin.

## Section 1: (1-8) Right kick, kick coaster step. Left Kick kick coaster step.

1-2            Kick Right foot forward then to the right  
3&4           Right foot down, left beside right, right foot down.  
5-6           Kick Left foot forward then to the left  
7&8           Left foot down, right beside left, left foot down.

## Section 2: (9-16) Rock forward on right, recover on left, ½ turn right, shuffle forward then Left and right toe strut

1-2            Rock forward on right and recover on the left.  
3&4           ½ Turn over the right shoulder and shuffle forward  
5-6           Touch left toe forward then put weight back on the left.  
7-8           Touch right toe forward then put weight back on right.

## Section 3: (17-24) Walk forward L/R, left Kick ball step, rock forward left, recover right then ½ left shuffle forward.

1-2            Step forward on left, then step forward on right.  
3&4           Kick Left foot forward then step ball of left foot beside right, step forward on right.  
5-6           Rock forward on the left, recover on the right  
7&8           ½ turn over the left shoulder, step left foot forward, bring right up to left, shuffle left forward.

## Section 4: (25-32) Full turn in two over left shoulder, right shuffle forward, Rock forward left then back onto right and then left coaster step.

1-2            Make ½ turn over left shoulder stepping back on right then make ½ turn over left stepping forward on the left foot.  
3&4           Right shuffle forward step right foot forward, bring left up to left, shuffle right forward.  
5-6           Rock forward on the left, recover on the right  
7&8           step left beside right, step right beside left, put weight back on the left.

## Section 5: (33-40) Two ¼ Monterey turns over the right shoulder

1-2            Touch right out to right side then back to left.  
3-4           Pivot ¼ turn to the right then touch left out to left side then bring back to right.  
5-6           Touch right out to right side then back to left.  
7-8           Pivot ¼ turn to the right then touch left out to left side then bring back to right.

## Section 6: (41-48) Cross right over left into cross side sailor step, cross left over right into cross side sailor step.

1-2            Step right over left, step left to left side.  
3&4           Step right behind left, step left beside right, step right beside left  
1-2            Step left over right, step right to right side.  
3&4           Step left behind right, step right beside left, step left beside right

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