

Did It For The Girl

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Intermediate Cha Cha rhythm
編舞者: Iliane Raiza van der Graaf (NL) - April 2015
音樂: Did It for the Girl - Greg Bates : (CD: Did It For The Girl - Single)



Intro: 16 counts

FLICK, SWAY, SWAY, ROCK BACK, RECOVER, ¼ TURN LEFT STEP BACK, TRIPLE ½ TURN LEFT, MAMBO STEP FORWARD

- 1 flick right behind left leg
- 2 step right to the right side, sway hips to the right
- 3 sway hips left
- 4 rock back on right
- & recover onto left
- 5 make ¼ turn left, step back on right [9:00]
- 6 make ¼ turn left, step left to the left side
- & step right next to left
- 7 make ¼ turn left, step forward on left [3:00]
- 8 rock forward on right
- & recover onto left
- 9 small step back on right [3:00]

ROCK BACK, RECOVER, CROSS, ¼ TURN LEFT STEP BACK, STEP BACK, STEP BACK, HOOK IN FRONT, STEP FORWARD, ½ TURN LEFT STEP BACK, ¼ TURN LEFT SIDE STEP

- 10 rock back on left
- 11 recover onto right
- 12 step left across right
- & make ¼ turn left, step back on right [12:00, facing 6:00 o'clock]
- 13 step back on left
- 14 step back on right
- 15 hook left in front of right
- 16 step left forward
- & make ½ turn left, step back on right
- 17 make ¼ turn left, step left to the left side [3:00]

SWAY RIGHT, SWAY LEFT, CHASS É RIGHT, CROSS ROCK FORWARD, RECOVER, CHASS É LEFT

- 18 sway hips right
- 19 sway hips left
- 20 step right to the right side
- & step left next to right
- 21 step right to the right side
- 22 cross rock left over right
- 23 recover onto right
- 24 step left to the left side
- & step right next to left
- 25 step left to the left side [3:00]

ROCK FORWARD, RECOVER, TRIPLE ½ TURN RIGHT, ROCK FORWARD, RECOVER, TOGETHER, SIDE ROCK, RECOVER

- 26 rock forward on right
- 27 recover onto left
- 28 make ¼ turn right, step right to the right side

& step left next to right
29 make ¼ turn right, step forward on right [9:00]
30 rock forward on left
& recover onto right
31 step left next to right
32 rock right to the right side
& recover onto left [9:00]

Note: This dance has several easy adjustments.

WALL 1: Dance the first 29 counts and change counts 30 until 32 in:

ROCK FORWARD, RECOVER, TOGETHER

30 rock forward on left
31 recover onto right
32 step left next to right

TAG: At the end of wall 1 add the following 2 counts.

SIDE STEP, TOUCH

1 step right to the right side
2 touch left next to right

WALL 2: Change count 1 in:

SIDE STEP WITH HIP SWAY

1 step left to the left side, sway hips left
then start again with count 2 of the dance.

RESTART: Dance wall 3 and 7 until count 17, start wall 4 and 8 with count 2 of the dance.

FINISH: Dance wall 10 until count 32& and finish the dance with a ½ turn left and strike a pose on count 1.

DANCESEQUENCE:

32, TAG, 32&, 17, 32&, 32&, 32&, 17,
32&, 32&, 32& finish

Wall 1: start on 12:00 o'clock

TAG

Wall 2: start on 9:00 o'clock

Wall 3: start on 6:00 o'clock

Wall 4: start on 9:00 o'clock

Wall 5: start on 6:00 o'clock

Wall 6: start on 3:00 o'clock

Wall 7: start on 12:00 o'clock

Wall 8: start on 3:00 o'clock

Wall 9: start on 12:00 o'clock

Wall 10: start on 9:00 o'clock

Contact: www.tennesseeinedancers.com
