

Sunshine Spread

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver
編舞者: Sandra Speck (UK) - April 2015
音樂: Ain't That a Kick In the Head - Dean Martin : (iTunes)



Intro 16 Counts , (approx. 7 seconds)

CROSS POINT X 2, STEP TURN TURN SWEEP

- 1 – 2 Cross right foot over left, point left foot to left side
- 3 – 4 Cross left foot over right, point right foot to right side
- 5 – 6 Step forward on right foot (preparing to turn right), make ½ turn right stepping back on left
- 7 – 8 Make ½ turn right stepping forward on right, sweep left foot out from back to front

Easy option counts 6,7, (2 x walk forward)

CROSS BACK BACK CROSS, BACK ½ TURN, STEP ¼ PIVOT

- 1 – 2 Cross left foot over right, step back on right foot
- 3 – 4 Step back on left foot, cross right foot over left foot
- 5 – 6 Step back on left foot, make ½ turn right stepping forward on right foot
- 7 – 8 Step forward on left foot, pivot ¼ turn right transferring weight to right foot

CROSS SIDE BEHIND, SWEEP, BEHIND SIDE CROSS, SWEEP

- 1 – 2 Cross left foot over right, step right foot to side
- 3 – 4 Cross left foot behind right, sweep right foot out from front to back
- 5 – 6 Step right foot behind left, step left foot to side
- 7 – 8 Cross right foot over left, sweep left foot out from back to front

CROSS KICK BEHIND SIDE, CROSS KICK BEHIND ½ TURN

- 1 – 2 Cross left foot over right, kick right foot to right diagonal
- 3 – 4 Step right foot behind left, step left to left side
- 5 – 6 Cross right foot over left, Kick left foot to left diagonal
- 7 – 8 Touch left foot behind right, reverse pivot making ½ turn left, transferring weight to left foot

FINISH: On wall 10... dance up to count 6 (section 1), make ¼ turn right stepping right foot to side, arms out to side, TAH DA!

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