

Swing To The Radio

拍數: 64 牆數: 4 級數: Improver ECS
編舞者: Séverine Fillion (FR) - January 2014
音樂: Swing to the Radio - Bart Crow : (Album: Dandelion)



[1-8] DIAGONALLY STEP FWD, TOGETHER, HEEL SPLIT (RIGHT & LEFT)

1-2 Right step diagonally right fwd, left next to right
3-4 Swivel both heels OUT (+ Snap hands), recover heels in center
5-6 Left step diagonally left fwd, right next to left
7-8 Swivel both heels OUT (+ Snap hands), recover heels in center

[9-16] DIAGONALLY BACK STEPS & TOUCH (+ CLAP)

1-2 Right step diagonally right back, touch left next to right (+ Clap up at right side)
3-4 Left step diagonally left back, touch right next to left (+ Clap up at left side)
5-6 Right step diagonally right back, touch left next to right (+ Clap down at right side)
7-8 Left step diagonally left back, touch right next to left (+ Clap down at left side)

[17-24] RIGHT VINE, SCUFF, STEP, HOLD, 1/4 TURN, HOLD

1-4 Right to right, left cross behind right, right to right, scuff left
5-6 Left step fwd, Hold (+ Snap left hand fwd)
7-8 Turn 1/4 right (weight on right), Hold (+ Snap right hand fwd) 3 :00

[25-32] TOE HEEL CROSS SWIVEL, HOLD (LEFT & RIGHT)

1-2 Touch left toe next to right, touch left heel fwd
3-4 Left cross over right, Hold
5-6 Touch right toe next to left, touch right heel fwd
7-8 Right cross over left, Hold

[33-40] STEP, HOLD (& CLAP), 1/2 TURN, HOLD (& CLAP), 3 BOOGIE RUN STEPS, HOLD

1-2 Left step fwd, Hold + Clap
3-4 ½ turn right (weight on right), Hold + Clap 9 :00
5-8 3 little run steps (left – right - left) fwd (with knee bend & Shimmy), Hold

[41-48] TOE HEEL CROSS SWIVEL, HOLD (RIGHT & LEFT)

1-2 Touch right toe next to left, touch right heel fwd
3-4 Right cross over left, Hold
5-6 Touch left toe next to right, touch left heel fwd
7-8 Left cross over right, Hold

[49-56] STEP, HOLD (& CLAP), 1/2 TURN, HOLD (& CLAP), 3 BOOGIE RUN STEPS, HOLD

1-2 Right step fwd, Hold + Clap
3-4 ½ turn left (weight on left), Hold + Clap 3 :00
5-8 3 little run steps (right – left – right) fwd (with knee bend & Shimmy), Hold

[57-64] TWIST TO THE LEFT, CLAP, HEEL TWIST TO RIGHT X 2

1-3 Left next to right and swivel : heels to the left, toes to the left, heels to the left
4 Clap
5-6 Swivel both heels to the right, recover heels to the left (with knee bend)
7-8 Swivel both heels to the right, recover heels to the left (with knee bend)

Start again and enjoy !!

