

Always Young And Crazy

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 2 級數: Intermediate
編舞者: Dawn Lesick (USA) - April 2015
音樂: Young & Crazy - Frankie Ballard : (Album: Sunshine & Whiskey)



#2 Tags and 2 Restarts in exactly the same place – easy!

Sequence: 48 – 32 – TAG – 48 – 32 – TAG – 48 – 48 – 24

Start dancing on lyrics (32 beats)

(1-8) SIDE ROCK -TOGETHER, SIDE ROCK -TOGETHER, WALK BACK 3X, HOOK (12:00)

1&2 Rock side right, recover left, step right together
3&4 Rock side left, recover right, step left together
5-6 Walk back right, left
7-8 Walk back right, hook left

(9-16) SHUFFLE FORWARD, ½ TURN PIVOT HOOK, SHUFFLE FORWARD, ¼ MODIFIED MONTEREY WITH A TOUCH. (9:00)

1&2 Shuffle forward left-right-left
3-4 Step right forward, ½ turn with a left hook (6:00)
5&6 Shuffle forward left-right-left
7-8 Point right to side, ¼ turn right pull in and touch right

(17-24) STEP RIGHT, POINT LEFT, STEP LEFT, POINT RIGHT, RIGHT ½ TURN SAILOR, SHUFFLE FORWARD (3:00)

1-2 Step right forward, point left to side
3-4 Step left forward, point right to side (** ENDING)
5&6 ½ turn crossing right behind left stepping right-left-right (3:00)
7&8 Shuffle forward left-right-left

(25-32) ¼ TURN JAZZ BOX, RIGHT STRUT WITH HIP BUMPS, LEFT STRUT WITH HIP BUMPS (6:00)

1-2 Cross right over left, , step back left
3-4 ¼ turn right, step right, step left together
5&6 Touch right forward / bump hip right, bump hips left, drop heel / bump hip right
7&8 Touch left forward / bump hip left, bump hips right, drop heel / bump hip left

* TAG AND RESTART HERE ON WALL 2 & WALL 4. WALLS START AT 6:00. YOU WILL BE FACING 12:00 FOR THE TAG & RESTART

(33-40) ROCK RIGHT FORWARD, HITCH BACK RIGHT, HITCH BACK LEFT, COASTER STEP, ½ TURN PIVOT (12:00)

1-2 Rock forward right, recover left
&3&4 Hitch back right, step right, hitch back left, step left (6:00)
5&6 Step back right, step left together, right forward
7-8 Step left forward, ½ turn pivot (12:00)

(41-48) ¼ TURN , KICK BALL CHANGE, KICK BALL CHANGE, ¼ TURN RIGHT, TOUCH. (6:00)

1-2 Step left forward, 1/4 turn right (3:00)
3&4 Kick left, step back left, step right
5&6 Kick left, step back left, step right
7-8 Step left forward 1/4 turn (weight on left), touch right (12:00)

*** TAG: SHUFFLE SIDE, ROCK RECOVER, SHUFFLE SIDE, ROCK RECOVER, ROCKING CHAIR (12:00)**

1&2 Shuffle side right-left-right
3-4 Rock back left, recover right
5&6 Shuffle side left-right-left
7-8 Rock back right, recover left

1-2 Rock forward right, recover left
3-4 Rock back right, recover left

**** ENDING Wall 6 starts at 12:00. You will be facing 9:00 after 20 counts□**

21&22 Right ¼ turn sailor (12:00)
23&24 Stomp left-right-left (12:00)

**This stepsheet may not be altered in any way without the written permission of the choreographer.
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