

# Always Young And Crazy

COPPER KNOB  
STEPSHEETS

拍數: 48      牆數: 2      級數: Intermediate  
編舞者: Dawn Lesick (USA) - April 2015  
音樂: Young & Crazy - Frankie Ballard : (Album: Sunshine & Whiskey)



#2 Tags and 2 Restarts in exactly the same place – easy!

Sequence: 48 – 32 – TAG – 48 – 32 – TAG – 48 – 48 – 24

Start dancing on lyrics (32 beats)

## (1-8) SIDE ROCK -TOGETHER, SIDE ROCK -TOGETHER, WALK BACK 3X, HOOK (12:00)

1&2      Rock side right, recover left, step right together  
3&4      Rock side left, recover right, step left together  
5-6      Walk back right, left  
7-8      Walk back right, hook left

## (9-16) SHUFFLE FORWARD, ½ TURN PIVOT HOOK, SHUFFLE FORWARD, ¼ MODIFIED MONTEREY WITH A TOUCH. (9:00)

1&2      Shuffle forward left-right-left  
3-4      Step right forward, ½ turn with a left hook (6:00)  
5&6      Shuffle forward left-right-left  
7-8      Point right to side, ¼ turn right pull in and touch right

## (17-24) STEP RIGHT, POINT LEFT, STEP LEFT, POINT RIGHT, RIGHT ½ TURN SAILOR, SHUFFLE FORWARD (3:00)

1-2      Step right forward, point left to side  
3-4      Step left forward, point right to side (\*\* ENDING)  
5&6      ½ turn crossing right behind left stepping right-left-right (3:00)  
7&8      Shuffle forward left-right-left

## (25-32) ¼ TURN JAZZ BOX, RIGHT STRUT WITH HIP BUMPS, LEFT STRUT WITH HIP BUMPS (6:00)

1-2      Cross right over left, , step back left  
3-4      ¼ turn right, step right, step left together  
5&6      Touch right forward / bump hip right, bump hips left, drop heel / bump hip right  
7&8      Touch left forward / bump hip left, bump hips right, drop heel / bump hip left

\* TAG AND RESTART HERE ON WALL 2 & WALL 4. WALLS START AT 6:00. YOU WILL BE FACING 12:00 FOR THE TAG & RESTART

## (33-40) ROCK RIGHT FORWARD, HITCH BACK RIGHT, HITCH BACK LEFT, COASTER STEP, ½ TURN PIVOT (12:00)

1-2      Rock forward right, recover left  
&3&4      Hitch back right, step right, hitch back left, step left (6:00)  
5&6      Step back right, step left together, right forward  
7-8      Step left forward, ½ turn pivot (12:00)

## (41-48) ¼ TURN , KICK BALL CHANGE, KICK BALL CHANGE, ¼ TURN RIGHT, TOUCH. (6:00)

1-2      Step left forward, 1/4 turn right (3:00)  
3&4      Kick left, step back left, step right  
5&6      Kick left, step back left, step right  
7-8      Step left forward 1/4 turn (weight on left), touch right (12:00)

**\* TAG: SHUFFLE SIDE, ROCK RECOVER, SHUFFLE SIDE, ROCK RECOVER, ROCKING CHAIR (12:00)**

1&2            Shuffle side right-left-right  
3-4            Rock back left, recover right  
5&6            Shuffle side left-right-left  
7-8            Rock back right, recover left

1-2            Rock forward right, recover left  
3-4            Rock back right, recover left

**\*\* ENDING Wall 6 starts at 12:00. You will be facing 9:00 after 20 counts□**

21&22        Right ¼ turn sailor (12:00)  
23&24        Stomp left-right-left (12:00)

**This stepsheet may not be altered in any way without the written permission of the choreographer.  
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