You Know it



拍數: 32 牆數: 4 級數: Improver

編舞者: Andrew Hobman (UK) - April 2015 音樂: Don't Stop - 5 Seconds of Summer



Intro 16 counts - start on count 17.

Section 1:	(1-8) Rock r	iaht ovei	· left.	chassis rio	ıht. Roc	k left d	over riaht	1/4	turn le	ft shuffle	forward.

1-2 Rock right over left recover on left

3&4 Step right to right side, bring left to right, step right to right

5-6 Rock left over right, recover on right.

7&8 1/4 turn left, bring right to left, step left foot forward.

Section 2: (9-16). Full turn in 2 over left, right shuffle forward, Rock forward left recover and left coaster step.

1-2 1/2 turn left step back on right, 1/2 turn left step forward on left (walk R / L for non turn option)

3&4 Step right forward, bring left up to right, step right forward.

5-6 Step left foot forward, recover back on right.

7&8 step left foot back, step right beside left, step left beside right.

Section 3: (17-24) Step right forward and two quarter paddle turns left, cross side behind and side point left to left.

Step forward on right, quarter turn left putting weight back on left (1/4 paddle turn)
Step forward on right, quarter turn left putting weight back on left (1/4 paddle turn)

5-6 Cross right over left, step left to left side.7-8 Step right behind left, point left to left side.

Section 4: (25-32) Step left over right, point right, step right over left point left. Left jazz box, scuff right over left to start again.

1-2 Cross left foot over right, point right to right side

3-4 Step right over left point left to left side.5-6 Step left over right, step back on right.

7-8 Step left beside right, scuff right over left ready to start the dance again.

Restart: On wall 6 after counts 16 counts. Immediately after left coaster step when the chorus Restarts.

Contact: andrewlds@aol.com