

# Walk of Life (漫漫人生) (zh)

COPPER KNOB  
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner  
編舞者: Rachael McEnaney (USA) - 2008年02月  
音樂: Shooter Jennings - Walk Of Life



前奏: Count In: 64 counts intro from start of track -

## 第一段 2 Heel Taps Forward, 2 Toe Taps Back, Step Forward, Together, Heel Fan 右足踵前點二次, 趾後點二次, 踏併, 踵扇轉

- 1 - 4 Touch right heel forward twice (1,2), touch right toe back twice (3,4) 12.00 右足踵前點二次, 右足趾後點二次
- 5 - 6 Step forward on right (5), step left next to right (6), 12.00  
右足前踏, 左足併踏(面向12點鐘)
- 7 - 8 Fan both heels out to sides (right to right, left to left) (7), return heels to centre (8) 12.00  
雙足踵向外扇轉(右足向右, 左足向左), 雙足踵轉回(面向12點鐘)

## 第二段 Grapevine Right, Grapevine Left With 1/4 Turn Left 右藤步, 左藤步帶左1/4

- 1 - 2 Step right to right side (1), cross left behind right (2), 12.00  
右足右踏, 左足於右足後交叉踏(面向12點鐘)
- 3 - 4 Step right to right side (3), touch left next to right (4) 12.00  
右足右踏, 左足併點(面向12點鐘)
- 5 - 6 Step left to left side (5), cross right behind left (6) 12.00  
左足左踏, 右足於左足後交叉踏(面向12點鐘)
- 7 - 8 Make 1/4 turn left stepping forward on left (7), brush right foot next to left (8) 9.00 左轉90度左足前踏, 右足併刷踏(面向9點鐘)

## 第三段 Right Toe Strutt, Left Toe Strutt, Rock Forward, Rock Back 右趾踵, 左趾踵, 下沉 回復

- 1 - 2 Touch right toe forward (1), step right heel down (2) 9.00  
右足趾前點, 右足踵踏(面向9點鐘)
- 3 - 4 Touch left toe forward (4), step left heel down (4) 9.00  
左足趾前點, 左足踵踏(面向9點鐘)
- 5 - 6 Rock forward on right (5), recover weight onto left (6) 9.00  
右足前下沉, 左足回復(面向9點鐘)
- 7 - 8 Rock back on right (7), recover weight onto left (8) 9.00  
右足後下沉, 左足回復(面向9點鐘)

## 第四段 Jazz Box With 1/4 Turn Right X2 爵士方塊帶右1/4共二次

- 1 - 2 Cross right over left (1), step back on left (2) 9.00  
右足於左足前交叉踏, 左足後踏(面向9點鐘)
- 3 - 4 Make 1/4 turn right stepping forward on right (3), step left next to right (4) 12.00 右轉90度右足前踏, 左足併踏(面向12點鐘)
- 5 - 6 Cross right over left (5), step back on left (6) 12.00  
右足於左足前交叉踏, 左足後踏(面向12點鐘)
- 7 - 8 Make 1/4 turn right stepping forward on right (7), step left next to right (8) 3.00 右轉90度右足前踏, 左足併踏(面向3點鐘)