

# Dreaming in Silver and Gold

**COPPER** **KNOB**  
BY STEPSHEETS

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Alison Metelnick (UK) & Peter Metelnick (UK) - January 2015  
音樂: Like I'm Gonna Lose You (feat. John Legend) - Meghan Trainor



**Start...immediately! – [3mins 45secs – 72bpm]**

**[1-8&] L cross rock/recover, step L, cross R over L unwind full turn L, L side, R together, L side rock/recover, L tog, R side rock/recover, R tog**

1-2            Cross rock L over R, recover weight on R  
&3            Step L side, cross step R over L unwind full turn left raising L knee up (12 o'clock)  
4&            Step L side, step R together  
5-6&        Rock L side, recover weight on R, step L together  
7-8&        Rock R side, recover weight on L, step R together

**[9-16&] L fwd, R fwd ½ L pivot, R cross, L cross (travelling fwd), syncopated rocking chair, R side/L behind/R side**

1-2&        Step L forward, step R forward, pivot ½ left (6 o'clock)  
3-4        Travelling forward: cross step R over L, cross step L over R  
5&        Rock R forward, recover weight on L  
6&        Rock R back, recover weight on L  
7-8&        Step R side (big step), cross step L behind R, step R side

**[17-24&] Cross L unwind ½ right, R back rock/recover, R side, L rock/recover, skate forward L, skate side R, L back, R back, L together**

1-2&        Cross step L over R and unwind ½ right keeping weight on L & sweeping R from front to back, rock R back, recover weight on L (12 o'clock)  
3-4&        Step R side, rock L back, recover weight on R  
5-6        Skate L forward, skate R side  
7-8&        Step L back, step R back, step L together

**[25-32&] R forward spiral full left turn, L forward shuffle, R rock forward/recover, ¾ right turning R step ball steps**

1-2&3        Step R forward and spiral full turn left forward, step L forward, step R together, step L forward (12 o'clock)  
4&        Rock R forward, recover on L  
5&6&        Step ball steps turning ¾ right leading with right  
7&8        Ball steps to complete the ¾ right turn (weight ends on right) (9 o'clock)

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