

Love Life

拍數: 64 牆數: 4 級數: Improver
編舞者: Audrey Watson (SCO) - March 2015
音樂: Lovelife - Take That : (iTunes)



Intro 32 Counts from Heavy Beat

S1: Step Kick, Point ½ Turn, Walk Walk, Shuffle Fwd.

1-2 Step fwd on left, kick right foot fwd.
3-4 Point right toe back, unwind ½ right.
5-6 Walk fwd on left, walk fwd on right.
7&8 Step fwd on left, close right next left, step fwd on left.

S2: Fwd Rock, Anchor Step, Step ¼, Cross Point.

1-2 Rock fwd on right, recover back on left.
3&4 Touch ball of right behind left, recover weight on left, step right behind left.
5-6 Step back on left, turn ¼ right stepping right to right side.
7-8 Cross left over right, point right toe to right side.

S3 Back Rock, ½ Turn Shuffle, Back Rock, Pivot ½ Turn.

1-2 Rock back on right, recover fwd on left.
3&4 Turning ½ left stepping right, left, right.
5-6 Rock back on left, recover fwd on right.
7-8 Step fwd on left, pivot ½ right.

S4: Cross Back, Chasse, Cross Back, Side Rock.

1-2 Cross left over right, step back on right.
3&4 Step left to left side, close right next left, step left to left side.
5-6 Cross Right over left, step back on left.
7-8 Rock right to right side, recover on left.

S5: Ball Side Hold, Ball Side Hold, Cross Rock, Chasse.

&1-2 Step ball of right next left, step left to left side, hold for a beat.
& 3-4 Step ball of right next left, step left to left side, hold for a beat.
5-6 Cross rock right over left, recover back on left.
7&8 Step right to right side, close left next right, step right to right side.

S6: Cross Unwind ½ Turn, Back Rock, Walk Walk, Step Lock Step

1-2 Cross left over right, unwind ½ turn right.
3-4 Rock back on right, recover fwd on left.
5-6 Walk fwd on right, walk fwd on left.
7&8 Step fwd on right, lock left behind right, step fwd on right.

Restart Dance from beginning During Wall 2 –Facing Front Wall*

S7: Fwd Rock, ½ Turn Shuffle, Walk Walk, Kick Ball Step.

1-2 Rock fwd on left, recover back on right.
3&4 Turning ½ left stepping left, right, left.
5-6 Walk fwd on right, walk fwd on left.
7&8 Kick right foot fwd, step down on ball of right, step left fwd.

S8: Cross Back Side, Rock, Coaster Step, Walk Walk.

1-2 Cross right over left, step back on left.
3-4 Step right to right side, rock fwd on left.

5&6 Step back on right, step left next right, step fwd on right
7-8 Walk fwd on left, walk fwd on right.

Big Thanks to My Daughter Tracey for the Music Suggestion .
