

Let It Be (夢想成真) (zh)

COPPER KNOB
STEPSHEDS™

拍數: 32 牆數: 2 級數: Intermediate
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音樂: Let It Be - The Beatles



前奏: 16 count intro 16拍後起跳

第一段 Step Side, Rock Behind, Recover, 1/4 Turn Left, 3/4 turn Left, Sway Right, Sway Left, Step lock Forward
側踏 後下沉 回復 左轉90度 左轉270度 右擺左擺 前鎖步

1-2& Step R to right side, rock L behind R, recover on R
右足右踏, 左足在右足後下沉, 右足回復

3-4& Turn 1/4 to left stepping forward on L, step forward on R, Make 1/2 turn left stepping forward on L
左足前踏同時左轉90度, 右足前踏, 左後轉180度 左足前踏

5-6 Turn 1/4 to left as you step R to right side and sway to right (you are facing starting wall), sway left
右足右踏同時左轉90度, 向右搖擺 (面對12點方向), 向左搖擺

7&8 Step lock forward R, L, R 前鎖步 (右、左、右) R, L, R

第二段 Step Forward, 1/2 Turn Right, 1/2 Right Triple Step Back, Coaster Step, 1/4 Turn Right Sweep, Point R
前踏 右後轉 右後轉 後退小三步 海岸步 右轉前移 右側點

1-2 Step L forward, make 1/2 turn right stepping forward on R
左足前踏, 右後轉180度 右足前踏

3&4 As you turn 1/2 turn right triple back L,R,L
右後轉並後退小三步 (左、右、左)

5&6 Back coaster step R,L,R 退後海岸步 (右、左、右)

7-8 Sweep L into 1/4 turn right crossing L over R, point R to right side (weight on L) 左足前移右轉交叉於又足前 右足右側點
(重心左足)

第三段 Step Right Side, Rock Recover, Step Left Side, Rock Recover, 1/4 Turn Right, Full Turn Right, Step Forward Left
右踏 下沉 回復 左側踏 下沉 回復 右轉90度 右轉一圈 左足前踏

1-2& Step R to right side, rock L behind R, recover on R
右足右踏, 左足在右足後下沉, 右足回復

3-4& Step L to left side, rock R behind L, recover on L
左足左踏, 右足在左足後下沉, 左足回復

5-8 Step R in to 1/4 turn right, make 1/2 turn right as you step back on L, make 1/2 turn right stepping forward on R, step forward on L 右足右轉90度踏, 左足後踏右後轉180度, 右足前踏右後轉180度, 左足前踏

第四段 Rock Forward, Recover, Diagonal Step Back, Cross, Step Back, 1/4 Turn Left, Rock Back, Recover Forward, Step Side, Touch Back, Unwind 3/4 Left
前下沉 回復 斜對角踏後踏 交叉 後踏 左轉90度 後下沉 前回復 側踏 後點 左旋繞270度

1&2 Rock R forward, recover back on L, step back diagonally to right (you will be facing 1:00)
右足前下沉, 左足後回復, 向右後斜對角踏 (面向1點方向)

3&4 Cross L over R, step back on R, turn 1/4 left stepping L to left side 左足交叉於右足前, 右足後踏, 左足左踏同時左轉90度

5&6 Rock R behind L, recover on L, step R to right side
右足於左足後下沉, 左足回復, 右足右側踏

7-8 Curl L behind R, unwind 3/4 turn left (weight ends on L)
左足繞於右足後, 左轉270度 (重心左足)

Note: As the song ends finish facing front stepping forward on your right foot and pose 當歌曲結束時面對前面右足前踏停止