

# Keep It Going

**COPPER KNOB**  
BY STEPHEN HETS

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Tina Argyle (UK) - April 2015  
音樂: Can You Feel It - Ricky Lynn Gregg : (Single - iTunes)



Thanks To Billy Bubba for the track suggestion

Count In : 8 counts - start with the word "hands"

## Right Lock Step Left Lock Step. Right Side Rock Cross. Left Side Rock Cross

1&2      Step fwd right, Lock left behind right, Step fwd right  
3&4      Step fwd left, Lock right behind left, Step fwd left  
5&6      Rock right to right side, Recover weight onto left, Cross right over left  
7&8      Rock left to left side, Recover weight onto right, Cross left over right

## Right Rumba Box. Right Shuffle Back. Left Coaster Step

1&2      Step right to right side, Close left at side of right, Step right fwd  
3&4      Step left to left side, Close right at side of left, Step back left  
5&6      Step back right, Close left at side of right, Step back right  
7&8      Step back left, Step back right, Step forward left

## Side Points. Heel Dig x2. ¼ Monterey Turn Heel Dig x2

1&2&      Point right to right side. Step right at side of left. Point left to left side. Step left at side of right.  
3&4&      Touch right heel fwd, Step right at side of left. Touch left heel fwd, Step left at side of right.  
5&      Point right to right side. Make ¼ turn right stepping right at side of left. (3 o'clock)  
6&      Point left to left side. Step left at side of right.  
7&8&      Touch right heel fwd, Step right at side of left. Touch left heel fwd, Step left at side of right.

## Mambo Fwd. Mambo Back. Step ½ Pivot Turn Step. Run Fwd LRL

1&2      Rock fwd right Recover, Step together  
3&4      Rock back left, recover, Step together  
5&6      Step fwd right, ½ pivot turn left onto left. Step fwd right (9o'clock)  
7&8      Run fwd stepping left, right, left

## NB Charleston Step Tag end of wall 2 facing 6 o'clock

1 - 2      Touch right toe fwd. Sweep right clockwise step together with right.  
3 - 4      Touch left toe back. Sweep left clockwise step together with left.

Enjoy!!

Contact: [vineline@hotmail.co.uk](mailto:vineline@hotmail.co.uk)