

All Change (P)

拍數: 64 牆數: 0 級數: Partner
編舞者: Mick Harris (UK) - April 2015
音樂: Things Change - Dwight Yoakam : (CD: A Long Way Home)



Opposite footwork throughout. mans steps shown.

Begin: open promenade position facing L O D, holding inside hands.(mans R, ladies L.)

Start: 16 beats in, on words " things change"

S1: Rock out , recover, shuffle, side, behind, chasse right.

1-2 rock L out to L side, recover on R.
3&4 step fwd on L, step R next to L, step fwd on L. (pick up mans L and ladies R hands)
5-6 step R to R side, step L behind R.
7&8 step R to R side, step L next to R, step R to R side.(changing sides, man behind lady)

S2: Rolling vine/chasse, cross unwind ½, walk R , L.

1-2 turn ¼ L stepping L to L side, turn ½ L stepping fwd on R. (man turns under ladies R re-changing sides) (pick up inside hands)
3&4 step ¼ L stepping L to L side, step R next to L, step L to L side. (L O D) (drop hands)
5-6 step R across L, unwind ½ L . (R L O D)(pick up inside hands)
7-8 walk fwd R, L. (drop hands)

S3: Step, pivot ½, shuffle fwd., side, behind, chasse L.

1-2 step fwd on R, pivot turn ½ L.
3&4 step fwd on R, step L next to R, step fwd on R. (picking up inside hands)
5-6 step L to L side, step R behind L, (drop hands)
7&8 step L to L side, step R next to L, step L to L side.

S4: Rolling vine/chasse, cross unwind, shuffle fwd. □

1-2 turn ¼ R stepping R to R side, turn ½ R stepping fwd on L,
3&4 step ¼ R stepping R to R side, step L next to R, step R to R side. (picking up inside hands)
5-6 step L across r, unwind ½ R. (R L O D). Dropping hands)
7&8 step fwd on L, step R next to L, step fwd on L. (picking up inside hands)

S5: Step, pivot turn ½, shuffle, walk, walk, shuffle.

1-2 step fwd on R, pivot turn ½ L. (drop hands)
3&4 step fwd on R, step L next to R, step fwd on R. (picking up inside hands)
5-6 walk fwd L, R.
7&8 step fwd on L, step R next to L, step fwd on L.

S6: Cross , side, behind, side, cross, sweep. Cross, side, behind, side, step fwd,

1-2 step R across L, step L to L side, (drop hands)
3&4& step R behind L, step R to R side, step R across L, sweep L fwd and across R.
5-6 step down on L across R, step R to R side.
7&8 step L behind R, step R to R side, step fwd on L.(pick up inside hands on step fwd.)

S7: Step, pivot ½ L, ½ turn shuffle L (R L R), rock back , recover, shuffle fwd.

1-2 step fwd on R, pivot turn ½ L. (dropping hands)
3&4 shuffle (triple) ½ turn L, (R L R).
5-6 step back and rock onto L, recover on R. (picking up inside hands)
7&8 step fwd on L, step R next to L, step fwd on L.

S8: Turn, together, ¼ turn shuffle, step, touch, shuffle fwd.

- 1-2 turn ¼ L stepping fwd on R, step L beside R, (Hands kept low)
- 3&4 step R to R side turning ¼ R, step L next to R, step fwd on R. (L O D) .(dropping outside hands)
- 5-6 step fwd on L, touch R next to L.
- 7&8 step fwd on R, step L next to R, step fwd on R.

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