

Goodbye To Yesterday

COPPERKNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Helen Hiimäe (EST) - February 2015
音樂: Goodbye To Yesterday - Elina Born & Stig Rästa



(1-8) Step right, L mambo forward, coaster step with 1/4 turn left

1-2 step R right side, pause
3-4 rock L forward, recover on R
5-6 step L back, step R next to L
7-8 turn 1/4 left stepping L forward, pause

(9-16) R step-lock-step-lock-step, rock, recover

1-2 step R forward, step L behind cross R
3-4 step R forward, step L behind cross R
5-6 step R forward, pause
7-8 rock L forward, recover on R

(17-24) Full turn left, L sweep, weave to right, R sweep

1-2 1/2 turn left stepping L forward, pause
3-4 1/2 turn left stepping R back, sweep L front to back
5-6 step L behind cross R, step R to right side
7-8 step L cross R, sweep R back to front

(25-32) Weave to left, cross shuffle, L hitch

1-2 step R cross over L, step L left side
3-4 step R behind cross over L, step L left side
5-6 step R cross over L, step L left side
7-8 step R cross over L, hitch L knee

(33-40) Step left, R back, L cross over R, R side, L forward

1-2 step L left side, pause
3-4 step R next to L, step L cross over R
5-6 step R right side, pause
7-8 step L forward, pause

(41-48) 1/2 pivot turn to right, full turn right, L shuffle

1-2 1/2 turn right, pause
3-4 1/2 turn right stepping L back, 1/2 turn right stepping R forward
5-6 step L forward, step R next to L
7-8 step L forward, pause

(49-56) R jazzbox, 1/4 pivot turn right

1-2 step R cross L, step L back
3-4 step R right side, pause
5-6 step L forward, pause
7-8 1/4 turn right, pause

(57-64) Heel jack, cross, 1/4 turn right with step L back, R back, L cross

1-2 step L cross over R, step R right side
3-4 touch L heel forward diagonal, step L next to R
5-6 step R cross over L, 1/4 turn right stepping L back
7-8 step R back, step L cross over R

Ending is like starting new wall (count 1-6):

- 1-2 step R right side, pause
- 3-4 step L forward, pause
- 5-6 turn 1/2 R (weight stay on L), pause

No restarts!

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