Goodbye to Yesterday

級數: High Improver

編舞者: Monika Raud - March 2015

音樂: Goodbye To Yesterday - Elina Born & Stig Rästa

S1: 2x KICK, SAILOR CROSS, SCISSOR STEP, ¼ L HITCH

- 1-2 R kick forward, R kick to the R side
- 3&4 R step behind L, L beside R, R cross over L
- 5-8 L step to L side, R step L beside L foot, L cross over R, turn 1/4 to the L hitching R foot (9:00)

S2: STEP BACK, TOUCH, SHUFFLE FWD, SIDE ROCK, BEHIND, SIDE

- 1-2 Step R back, touch L foot in front of R foot
- 3&4 L step fwd, R step next to L, L step fwd
- 5-6 R rock step to the R side, weight back on L
- 7-8 R step behind L foot, step L to the L side

S3: STEP ACROSS, SIDE TOUCH, STEP $\mbox{\sc 1}$ L, SIDE TOUCH, STEP, L SIDE TOUCH, STEP $\mbox{\sc 1}$, SIDE TOUCH

- 1-2 R step across L, L touch to the L side
- 3-4 1/4 turn L while stepping L next to the R foot, R touch to the R side
- 5-6 R step next to L foot, L touch to the L side
- 7-8 1/4 turn L while stepping L next to the R foot, R touch to the R side

S4: STEP FWD, TOUCH, 2X STEP BACK, 2X KICK, SAILOR STEP

- 1-2 R step forward, touch L toe behind R foot
- 3-4 L step back, R step back
- 5-6 L kick forward, L kick to the L side
- 7&8 L step behind R, R step beside L, L step to L side

Contact: raudmonika@gmail.com





拍數: 32

牆數:4