

Shine My Shoes

COPPER KNOB
BY STEPHEN

拍數: 128 牆數: 2 級數: Phrased Advanced
編舞者: Michael Vera-Lobos (AUS) - June 2014
音樂: Shine My Shoes - Robbie Williams : (Album: Swings Both Ways)



Original Position: Feet Slightly Apart Weight On Left
#16 Count Intro

PART A - 64 counts

A[1 – 8] ROCK FWD, REPLACE & TOUCH BACK, ¼ PIVOT L, BEHIND & SIDE, CROSS, BALL CROSS, SIDE DRAG

- 1,2&3,4 Rock fwd on R, Replace wt on L & Stepping R beside L Touch L toe back, Pivot ¼ L pushing off L (9:00)
5&6&7,8 Travel R – Cross L behind R & Step R to R, Cross L over R & Stepping R to R, Cross L over R, Step R to R Dragging L towards R (9:00)

A[9 – 16] ½ HINGE L, DRAG BESIDE, BALL CROSS, SIDE DRAG, ½ HINGE L, DRAG BESIDE, BALL CROSS, ¼ L

- 1,2&3,4 Turning ½ L Step L to L side Dragging R towards L & Stepping R beside L, Cross L over R, Step R to R side Dragging L towards R (3:00)
5,6&7,8 Turning ½ L Step L to L side Dragging R towards L & Stepping R beside L, Cross L over R, Turning ¼ L Step back on R dragging L towards R (6:00)

A[17 – 24] ROCK BACK, REPLACE, ½ SHUFFLE R FWD ½ R, ½ R, R COASTER STEP

- 1,2,3&4 Rock back on L, Rock fwd R, Turning ½ R Shuffle fwd Stepping L,R,L (12:00)
5,6,7&8 Turning ½ R Step onto R, Turn a further ½ R Stepping back on L, Step back on R & Step L beside R, Step fwd R (12:00)

A[25 – 32] L DOROTHY & STEP SIDE, ½ HINGE L, CROSS ROCK, REPLACE & ¼ R, STEP FWD, ¾ PIVOT R

- 1,2&3,4 Step fwd L into L corner , Lock R behind L & Step fwd L into L corner, Step R to R side, Hinge ½ L Ending with L to L side (6:00)
5,6&7,8 Cross Rock R over L, Replace wt on L & Turn ¼ R on R, Step fwd L, Pivot ¾ R (End Wt R facing 6:00)

A[33 – 40] OUT OUT, HEEL DROP, TWIST HEELS L, TWIST HEELS R TURNING ¼ L, R KICK BALL CHANGE, ½ L, ¼ L

- &1,2,3,4 Stepping L out to L Step R out to R, Lift Both Heels & Drop (Wt Even), Twist Both Heels L, Twist Both Heels R Turning ¼ L (End Wt on L) (3:00)
5&6,7,8 Kick R & Stepping R beside L, Step fwd on L , Travel fwd – Turning ½ L Step back on R, Turning a further ¼ L Step L to L Dragging R towards L (6:00)

A[41 – 48] STEP SIDE, CROSS BEHIND, 1 ¼ TRIPLE R, ROCK FWD, REPLACE, L COASTER CROSS

- 1,2,3&4 Travel to R side – Step R to R, Cross L behind R, Triple Spin 1 ¼ R over R Stepping R,L,R (9:00)
5,6,7&8 Rock fwd L, Rock back on R, Step back on L & Step R beside L, Cross L over R (9:00)

A[49 – 56] OUT OUT, CROSS, SIDE, ½ HINGE R, CROSS SAMBA FWD L, CROSS SAMBA FWD R

- &1,2,3,4 Stepping R out to R, Step L out to L, Cross R over L, Step L to L side, Hinge ½ R dragging L towards R (3:00)
5&6,7&8 Travel fwd – Cross L over R & Rock R to R, Replace wt on L, Cross R over L & Rock L to L, Replace wt on R

A[57 – 64] CROSS, ¼ L, ½ SHUFFLE FWD L, CROSS, ¼ R, ¼ R, STEP FWD

- 1,2,3&4 Cross L over R, Turning ¼ L Step back on R, Turning a further ½ L Shuffle fwd on L Stepping L,R,L (6:00)
- 5,6,7,8 Cross R over L, Step back on L Turning ¼ R, Turn a further ¼ R on R, Step fwd on L (12:00)

PART B - 64 counts

B[1 – 8] DIAGONAL SIDE DRAG, CROSS BEHIND & SIDE ½ HINGE R SIDE ROCK, REPLACE & STEP SIDE CROSS HEEL ¼ GRIND R, R COASTER STEP

- 1,2&3,4 Turning 1/8 L (11:00) Step R to R, Cross L behind R & Step R to R, Hinge ½ R Ending with Rocking L to L side, Replace wt on R (5:00)
- &5,6,7&8 Stepping L to L Cross R heel over L, Grind R Heel Turning ¼ R Step back on L, Step back on R & Step L beside R, Step fwd on R (7:00)

B[9 – 16] SHUFFLE FWD L, FULL SPIN FWD OVER L, TOUCH R TOE FWD, ½ PIVOT L DROP WT R, 1/8 L COASTER CROSS

- 1&2,3,4 Shuffle fwd L Stepping L,R,L, Travel fwd – Full Spin fwd over L Stepping R then L (7:00)
- 5,6,7&8 Touch R toe fwd, Pivot ½ L Dropping wt back onto R (1:00), Turning 1/8 L Step back on L & Step R beside L Straightening up to (12:00), Cross L over R

B[17 – 24] STEP SIDE, DRAG TOWARDS, BEHIND & SIDE, CROSS, TOUCH TOE SIDE, ¼ PIVOT DROP R, L COASTER ¼ L CROSS

- 1,2,3&4 Take a large Step R out to R (Hands out Optional), Drag L towards R, Cross L behind R & Step R to R, Cross L over R (12:00)
- 5,6,7&8 Touch R toe to R side, Pushing off R toe Pivot ¼ L Dropping wt on R heel, Step back on L & Stepping R beside L Turn ¼ L, Cross L over R (6:00)

B[25 – 32] STEP SIDE, ½ HINGE L, ROCK FWD, REPLACE, ½ R, ½ R, ½ SHUFFLE R

- 1,2,3,4 Step Side R, ½ Hinge L (End L to L Wt L), Rock fwd R, Rock back on L (12:00)
- 5,6,7&8 Travel back – Turning ½ R Step fwd onto R, Turn a further ½ R stepping back on L (12:00), Turning a further ½ R Shuffle Stepping R,L,R (6:00)

B[33 – 40] DIAGONAL SIDE DRAG, CROSS BEHIND & SIDE ½ HINGE L SIDE ROCK, REPLACE & STEP SIDE CROSS HEEL ¼ GRIND L, L COASTER STEP

- 1,2&3,4 Turning 1/8 R (7:00) Step L to L, Cross R behind L & Step L to L, Hinge ½ L Ending with Rocking R to R side, Replace wt on L (1:00)
- &5,6,7&8 Stepping R to R Cross L heel over R, Grind L Heel Turning ¼ L Step back on R, Step back on L & Step R beside L, Step fwd on L (11:00)

B[41 – 48] SHUFFLE FWD R, FULL SPIN FWD OVER R, TOUCH L TOE FWD, ½ PIVOT R DROP WT L, 1/8 R COASTER CROSS

- 1&2,3,4 Shuffle fwd R Stepping R,L,R, Travel fwd – Full Spin fwd over R Stepping L then R (11:00)
- 5,6,7&8 Touch L toe fwd, Pivot ½ R Dropping wt back onto L (5:00), Turning 1/8 L Step back on R & Step L beside R Straightening up to (6:00), Cross R over L

B[49 – 56] STEP SIDE, DRAG TOWARDS, BEHIND & SIDE, CROSS, TOUCH TOE SIDE, ¼ PIVOT DROP L, R COASTER ¼ R CROSS

- 1,2,3&4 Take a large Step L out to L (Hands out Optional), Drag R towards L, Cross R behind L & Step L to L, Cross R over L (6:00)
- 5,6,7&8 Touch L toe to L side, Pushing off L toe Pivot ¼ R Dropping wt on L heel, Step back on R & Stepping L beside R Turn ¼ R, Cross R over L (12:00)

B[57 – 64] STEP SIDE, ½ HINGE R, ROCK FWD, REPLACE, ½ L, ½ L, ½ SHUFFLE L

- 1,2,3,4 Step Side L, ½ Hinge R (End R to R Wt R), Rock fwd L, Rock back on R (6:00)
- 5,6,7&8 Travel back – Turning ½ L Step fwd onto L, Turn a further ½ L stepping back on R (6:00), Turning a further ½ L Shuffle Stepping L,R,L (12:00)

TAG 1 - OCCURS AT THE END OF WALL 1 (FACING 12:00)

T1[1 – 8] SIDE SHUFFLE R, ROCK BACK, REPLACE, TURN ¼ L, ½ L, ¼ L, CROSS IN FRONT

1&2,3,4 Side Shuffle R Stepping R,L,R, Rock back on L, Rock fwd on R (12:00)
5,6,7,8 Travel L over L- Turn ¼ L on L, Turn a further ½ L Stepping back on R, Turn a further ¼ L on L, Cross R over L (12:00)

T1[9 – 12] SIDE SHUFFLE L, TOUCH BEHIND, ½ UNWIND R

1&2,3,4 Travel to L side – Side Shuffle L stepping L,R,L , Touch R toe behind L, Unwind ½ R (Keep Wt on L) (6:00)

TAG 2 - OCCURS AT THE END OF WALL 2 (FACING 6:00)

T2[1 – 8] SIDE SHUFFLE R, ROCK BACK, REPLACE, TURN ¼ L, ½ L, ¼ L, CROSS IN FRONT

1&2,3,4 Side Shuffle R Stepping R,L,R, Rock back on L, Rock fwd on R (6:00)
5,6,7,8 Travel L over L- Turn ¼ L on L, Turn a further ½ L Stepping back on R, Turn a further ¼ L on L, Cross R over L (6:00)

T2[9 – 16] SIDE SHUFFLE L, ROCK BACK, REPLACE, TURN ¼ R, ½ R, ¼ R, CROSS IN FRONT

1&2,3,4 Travel to L side – Side Shuffle L stepping L,R,L , Rock back on R, Rock fwd on L (6:00)
5,6,7,8 Travel R over R – Turn ¼ R on R, Turn a further ½ R stepping back on L, Turn a further ¼ R on R, Cross L over R (6:00)

T2[17 – 24] HEEL & HEEL & BALL STEP, ½ PIVOT , JAZZ BOX ½ R

1&2&3,4 Touch R heel Fwd & Stepping R beside L Touch L heel fwd & Stepping L beside R Step fwd on R, Pivot ½ L (End facing 12:00)
5,6,7,8 Cross R over L , Step back on L turning ¼ R, Turn a further ¼ R on R, Step fwd on L (6:00)

T2[25 – 28] JAZZ BOX ½ R

1,2,3,4 Cross R over L , Step back on L turning ¼ R, Turn a further ¼ R on R, Step fwd on L (12:00)

TAG 3 - OCCURS AT THE END OF WALL 3 (FACING 12:00)

T3[1 – 8] SIDE SHUFFLE R, ROCK BACK, REPLACE, TURN ¼ L, ½ L, ¼ L, CROSS IN FRONT

1&2,3,4 Side Shuffle R Stepping R,L,R, Rock back on L, Rock fwd on R (12:00)
5,6,7,8 Travel L over L- Turn ¼ L on L, Turn a further ½ L Stepping back on R, Turn a further ¼ L on L, Cross R over L (12:00)

T3[9 – 16] SIDE SHUFFLE L, ROCK BACK, REPLACE, TURN ¼ R, ½ R, ¼ R, CROSS IN FRONT

1&2,3,4 Travel to L side – Side Shuffle L stepping L,R,L , Rock back on R, Rock fwd on L (12:00)
5,6,7,8 Travel R over R – Turn ¼ R on R, Turn a further ½ R stepping back on L, Turn a further ¼ R on R, Cross L over R (12:00)

T3[17 – 26] JAZZ BOX ½ R, JAZZ BOX ½ R, STEP FWD, DRAG

1,2,3,4 Cross R over L , Step back on L turning ¼ R, Turn a further ¼ R on R, Step fwd on L (6:00)
5,6,7,8 Cross R over L , Step back on L turning ¼ R, Turn a further ¼ R on R, Step fwd on L (12:00)
1,2 Step fwd R, Drag L

SEQUENCE: WALL 1 – A +B+TAG 1

WALL 2 – A+B+TAG 2

WALL 3 – B (ONLY) + TAG 3

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