

# Lover's Heart (愛人的心) (zh)

COPPER KNOB  
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver  
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音樂: Cupid - Boyz II Men : (Album - Love)



前奏 : Intro : Start after 32 counts

**第一段 Cross Rock, Recover, Back, Sweep, Behind, Side, Lock Step Fwd**  
交叉下沉, 回復, 後, 繞, 後, 側, 前鎖步

- 1 - 2 Cross Rock R fwd, Recover on L 右足於左足前交叉下沉, 左足回復  
3 - 4 Step R back, Sweep L from front to Back  
右足後踏, 左足由前繞至後  
5 - 6 Step L behind R, Step R to R side 左足於右足後踏, 右足右踏  
7 & 8 Step L fwd, Step R behind L, Step L fwd  
左足前踏, 右足於左足後踏, 左足前踏

**第二段 Rock fwd, Recover, 1/2 R step Fwd, Hold, Full Turn R, 1/4 R with Side Shuffle**  
下沉, 回復, 1/2踏, 候, 轉圈, 1/4左追步

- 1 - 2 Rock R fwd, Recover on L 右足前下沉, 左足回復  
3 - 4 1/2 Turn R step R fwd, Hold (6.00)  
右轉180度右足前踏, 候(面向6點鐘)  
5 - 6 1/2 Turn R step L back, 1/2 Turn R step R fwd (6.00)  
右轉180度左足後踏, 右轉180度右足前踏(面向6點鐘)  
7 & 8 1/4 Turn R into Side shuffle L (9.00)  
右轉90度左足左踏, 右足併踏, 左足左踏(面向9點鐘)

**第三段 Rock Back, Recover, 1/2 L step Back, Hold, Diag. Back, Cross, Lockstep Back (diag. L)** 後下沉 回復,  
1/2後, 候, 斜後, 交叉,

- 1 - 2 Rock R back, Recover on L 右足後下沉, 左足回復  
3 - 4 1/2 Turn L step R back, Hold (3.00)  
左轉180度右足後踏, 候(面向3點鐘)  
5 - 6 Step L Diag. L back, Lock R across L  
左足左斜角後踏, 右足於左足前交叉鎖踏  
7 & 8 Step L back, Step R across L, Step L back (Diag. L)  
左足後踏, 右足於左足前交叉踏, 左足左斜角後踏

**第四段 Rock R Back, Recover, Step Fwd, Hold, Full Turn R, L Shuffle Fwd**  
後下沉, 回復, 踏, 候, 右轉圈, 前交換

- 1 - 2 Rock R back, Recover on L 右足後下沉, 左足回復  
3 - 4 Step R fwd, Hold (3.00) 右足前踏, 候(面向3點鐘)  
5 - 6 1/2 Turn R and Step L back, 1/2 Turn R and step R fwd  
右轉180度左足後踏, 右轉180度右足前踏  
7 & 8 L Shuffle Fwd with L,R,L (3.00) 前交換-左, 右, 左(面向3點鐘)

Tag : 48 counts (Waltz) 加拍:48拍(華爾滋舞步)

**第一段 Step Fwd, Sweep x2, Twinkle fwd x2**  
踏 繞共二次, 華士步二次

- 1 - 3 Step R fwd, Sweep L fwd in 2 counts  
右足前踏, 左足以2拍繞至前  
4 - 6 Step L fwd, Sweep R fwd in 2 counts  
左足前踏, 右足以2拍繞至前

7-9 Step R across L, Step L to L side, Step R to R side  
右足於左足前交叉踏, 左足左踏, 右足右踏

10-12 Step L across R, Step R to R side, Step L to L side  
左足於右足前交叉踏, 右足右踏, 左足左踏

**第二段 Step Back x2, Twinkle Back, Behind, Side, Cross**  
後踏二次, 後華士步, 後, 旁, 前交叉

1-3 Step R back, Sweep L back in 2 counts  
右足後踏, 左足以2拍繞至後

4-6 Step L back, Sweep R back in 2 counts  
左足後踏, 右足以2拍繞至後

7-9 Step R behind L, Step L to L side, Step R to R side  
右足於左足後踏, 左足左踏, 右足右踏

10-12 Step L behind R, Step R to R side, Step L across R  
左足於右足後踏, 右足右踏, 左足於右足前交叉踏

**第三段 Lunge Diag., Recover, Behind, ¼ Turn L step fwd, Step Fwd, Kick, Twinkle Step Back** 斜前曲膝踏, 回復, 後, 1/4踏, 踏, 踢, 後華士步

1-3 Lunge R Diag fwd (3counts) 右斜角以3拍前曲膝踏

4-6 Recover on L, step R behind L, ¼ Turn L step L fwd  
左足回復, 右足於左足後踏, 左轉90度左足前踏

7-9 Step R fwd, Kick L in 2 counts fwd 右足前踏, 左足以2拍前踢

10-12 Step L behind R, Step R next to L, Step L to L side  
左足於右足後踏, 右足併踏, 左足左踏

**第四段 Step R fwd, Holdx2, ½ L, Hold x2, Step R fwd, ¼ R with Sweep, Fwd, Sweep**  
右足前踏, 候2拍, 1/2, 候2拍, 踏 轉1/4帶繞, 踏, 繞

1-3 Step R fwd, Hold 2 counts 右足前踏, 候2拍

4-6 ½ Turn L (weight on L), Hold 2 counts  
左轉180度重心在左足, 候2拍

7-9 Step R fwd, ¼ Turn R with L sweep fwd in 2 counts  
右足前踏, 右轉45度左足以2拍繞至前

10-12 Step L fwd, Sweep R fwd in 2 counts  
左足前踏, 右足以2拍繞至前

**Tag 2x after wall 8** 第八面牆結束, 有一個加拍, 跳兩次48拍

First time tag do 48 counts (Waltz), Second time: do the first 40 counts tag then replace the last 8 counts with the following steps (same steps as first tag but other counting):

第一次做48拍, 第二次做40拍後, 換做下面8拍, 舞步一樣, 但不一樣的拍數

1-2 Step R fwd, Hold 右足前踏, 候

3-4 ½ Turn L (weight on L), Hold 左轉180度重心在左足, 候

5-6 Step R fwd, ¼ Turn R with L sweep fwd  
右足前踏, 右轉90度左足繞至前

7-8 Step L fwd, Sweep R fwd 左足前踏, 右足繞至前

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