

# Mamma Maria

**COPPER KNOB**  
STEPSHEETS

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Nina Chen (TW) - April 2015  
音樂: Mamma Maria by Melissa & Sebastian



**Intro: 32 counts (start on vocals) - No Tag & No Restart**

## **S1. TWIST - CLAP. X2**

1-4      Twist both heels (R L R) - Clap  
5-8      Twist both heels (L R L) - Clap

## **S2. KICK BALL POINT. X2 - JAZZ BOX 1/4 TRUN R**

1&2, 3&4      Kick RF forward - Step RF together - Point LF to L - Kick LF forward - Step LF together -  
Point RF to R  
5-8      Cross RF over LF - Step LF back - 1/4 trun R step RF to R - Step LF forward

## **S3. ROCK - RECOVER - BACK SHUFFLE - ROCK - RECOVER - FORWARD SHUFFLE**

1-2, 3&4      Rock RF forward - Recover onto LF - Back Shuffle (R L R)  
5-6, 7&8      Rock LF back - Recover onto RF - Forward shuffle (L R L)

## **S4. MONTEREY 1/4 TURN R. x2**

1-4      Point RF to R - 1/4 turn R (6:00) step RF together - Point LF to L - Step LF together  
5-8      Point RF to R - 1/4 turn R (9:00) step RF together - Point LF to L - Step LF together

**Have Fun & Happy Dancing!**

Contact Nina Chen: [nina.teach.dance@gmail.com](mailto:nina.teach.dance@gmail.com)