

Mamma Maria

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Nina Chen (TW) - April 2015
音樂: Mamma Maria by Melissa & Sebastian



Intro: 32 counts (start on vocals) - No Tag & No Restart

S1. TWIST - CLAP. X2

1-4 Twist both heels (R L R) - Clap
5-8 Twist both heels (L R L) - Clap

S2. KICK BALL POINT. X2 - JAZZ BOX 1/4 TRUN R

1&2, 3&4 Kick RF forward - Step RF together - Point LF to L - Kick LF forward - Step LF together -
Point RF to R
5-8 Cross RF over LF - Step LF back - 1/4 trun R step RF to R - Step LF forward

S3. ROCK - RECOVER - BACK SHUFFLE - ROCK - RECOVER - FORWARD SHUFFLE

1-2, 3&4 Rock RF forward - Recover onto LF - Back Shuffle (R L R)
5-6, 7&8 Rock LF back - Recover onto RF - Forward shuffle (L R L)

S4. MONTEREY 1/4 TURN R. x2

1-4 Point RF to R - 1/4 turn R (6:00) step RF together - Point LF to L - Step LF together
5-8 Point RF to R - 1/4 turn R (9:00) step RF together - Point LF to L - Step LF together

Have Fun & Happy Dancing!

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