

Sip You

拍數: 40 牆數: 4 級數: Improver
編舞者: Felicia Harris Jones (USA) - March 2015
音樂: Mason Jar - Natalie Stovall & The Drive



Starts on Lyrics (quick start after first 8 counts)

(1-8) Stomp (up), Kick, Triple (x2)

1-2 Stomp right next to left (weight stays to left), kick right foot forward to right
3&4 Step right next to left, step left next to right, step right next to left
5-6 Stomp left next to right (weight stays to right), kick left foot forward to left
7&8 Step left next to right, step right next to left, step left next to right

(9-16) Out Forward, Out Forward, Coaster Stomp (x2)

1-2 Step right forward diagonally to right, Step left forward diagonally to left (think V step)
3&4 Step right back, step left next to right, stomp right forward
5-6 Step left forward diagonally to left, Step right forward diagonally to right (think V step)
7&8 Step left back, step right next to left, stomp left forward

(17-24) Weave, Side, Behind, Step, Heel, Step, Cross

1-2-3-4 Step right to side, step left behind right, step right to side, cross left over right
5-6-& Step right to side, step left behind right, step right in place
7&8 Left heel forward, step left in place, cross right over left

(25-32) Weave, Side, Behind, Step, Heel, Step, Cross

1-2-3-4 Step left to side, step right behind left, step left to side, cross right over left
5-6-& Step left to side, step right behind left, step left in place
7&8 Right heel forward, step right in place, cross left over right

(33-40) Side, Cross, ¼ Shuffle, Pivot ½, Shuffle forward

1-2 Step right to side, cross left over right (put some attitude in that cross)
3&4 ¼ turn right while shuffling right, left, right (3:00)
5-6 Step left forward, pivot ½ turn right, weight to right (9:00)
7&8 Shuffle forward left, right, left

Smile and Enjoy! - No Tags or Restarts.

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